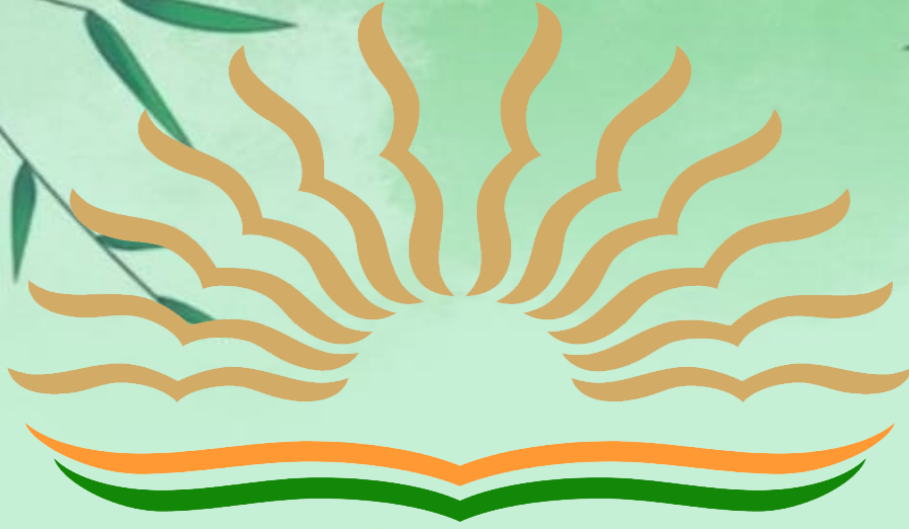


केंद्रीय विद्यालय सी एल आर आई चेन्नई

Kendriya Vidyalaya CLRI, Chennai



तत् त्वं पूषन् अपावृणु
केन्द्रीय विद्यालय संगठन

विद्यालय पत्रिका

Creative Chronicle

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CHAIRMAN'S MESSAGE



“Yes, We can” are the three words that President Obama spoke in January 2008. For the next eight years, these words served as the backbone of his presidency. The three words talk a lot about our determination and will to succeed. There are several such incidents in history when we have showcased our determination to succeed.

Let us take our Vidyalaya , for instance. Our school has children from different economic, social. Cultural backgrounds and is a mini replica of India. Quality education was provided to everyone equally through the determination of the teachers. They ensured that the school achieved many a pinnacle. The times of COVID have also seen us challenged. The children, teachers and parents grit and determination have taken us through the pandemic.

There are no better than now to realize that education is the basis of our life. Humanitarian values, compassion, innovation through S & T, tackling economic slowdowns and supply chain logistics have all been possible because of India's strength through education. The seeds sowed in 2000 for an Atmanirbhar Bharat have also accelerated our resolve to succeed through education.

Education has also been the background for scientific training. Through appropriate training, our sportsmen and women have achieved such laurels that we never saw before. The first step for which was the identification of talent from amongst 138 crore Indians.

Indian history is upbeat with paintings, architecture, literature, music, dance, language etc. While we move forward in the modern world or in other words, the materialistic world, we should not forget to nurture and bring out our art and entertainment strengths.

The very essence of the Vidyalaya Patrika is to bring out that talent in you, which is outside the scope of classroom education. KV CLRI has a strong presence in art, music and sports education through talented teachers who work tirelessly to bring out the hidden talents in our children.

I am sure that the Vidyalaya Patrika would make a statement. A statement of our resolve top brings out the best in us. The Vidyalaya Patrika, 2020 - 21, is a testimonial of our progress. The Patrika also is an indicator of the future of Magnificent India. Though Patrika, we can be confident that the future leaders of India are in KV CLRI.

All the very best, KV CLrians. May you take India to global Leadership

Jai Hind

Jai Bharath

Dr. K J Sreeram

Director CSIR-CLRI &

Chairman VMC KVCLRI

Deputy Commissioner's Message

I wish to share my pride and pleasure on learning that Kendriya Vidyalaya, CLRI, Adyar Chennai is bringing out an E-Magazine titled Creative Chronicle for the academic year 2021-22.



In this fast changing digital world of communication, giving expressions to creative ideas in the form of an E-Magazine of this kind is a commendable venture. I wish to place on record the zeal and enthusiasm shown by students and teachers in creating a perfect space for an E- Magazine in the canvas of learning, which promotes a holistic development of students' personality.

The aesthetic contributions of students of KV CLRI, resulting from their ingenious and spontaneous minds despite the trying circumstances of the current pandemic days are highly appreciable. And our learners have proved that nothing can stop them from giving life to their thoughts and ideas through this magazine.

The title "Creative Chronicle" by itself shall inspire and awaken those creative members which still remain dormant in many promising students. I am proud to convey my heartiest congratulations to all the students and teachers for their unceasing efforts which has culminated in the creation of this E-Vidyalaya Patrika.

The title "Creative Chronicle" by itself shall inspire and awaken those creative embers which still remain dormant in many promising students. I am proud to convey my heartiest congratulations to all the students and teachers for their unceasing efforts which has culminated in the creation of this E-Vidyalaya Patrika.

It's befitting to quote our former President Dr.A.P.J. Abdul Kalam's cherished expression, "When learning is purposeful, creativity blossoms. When creativity blossoms, thinking emanates. When thinking emanates, knowledge is fully lit. When knowledge is lit, economy flourishes." — Let's make learning purposeful and nurture creativity!

I am sure that the sustained efforts and innovative ideas exhibited by our young children will surely stir the minds of the readers and provide them a fulfilling experience.

With best wishes to team KV CLRJ Chennai

Dr (Smt) M. Rajeswari

Deputy Commissioner

KVS Chennai Region

Assistant Commissioner's Message



It is a matter of great pleasure that Kendriya Vidyalaya CLRI, Chennai has taken good efforts to publish its E-Magazine 'Creative Chronicle' for the current academic session 2021-22.

Through this magazine, I wish to share with you the fact that the demands and pressures of situation give rise to the best opportunities and bring out creativity. So has this pandemic. Keeping in view the changing circumstances, it is very important that children find ways to give expression to their creativity through different genres like drawing, painting, writing and in various other creative ways.

Students of K V CLRI have immense potential and contributed valuable articles for this magazine, and showcased their creativity in a remarkable manner. The priority and responsibility of the teachers should be to nurture and hone their talents further and promote critical and divergent thinking in students, which in turn would lead to an all-round development of their personality.

I would like to take this opportunity to appreciate the efforts of students and teachers of K V CLRI who have worked untiringly to bring out this magazine. And I congratulate the editorial board, with whose hard work and cooperation this magazine has been published.

Albert Einstein rightly observed "The true sign of intelligence is not knowledge, but imagination." Teachers should take the lead in not only imparting knowledge but nurture students' creativity, and I am sure they are working towards this goal.

With warm wishes

Mr T Brahmanandam

Assistant Commissioner , KVS Chennai Region

From the Principal's desk

Dear Readers

K V CLRI is proud to bring out the Vidyalaya Patrika for the year 2021-22. The magazine offers a perfect space for students to show-case their talents, and give expression to their insightful ideas through different genres.



Thought-provoking articles, profound poems, reflective diary entries, beautifully crafted comic strip- to name a few of the myriad expressions, deserve our appreciation of the budding writers and artists. Views in hues unfold the artistic and aesthetic exuberance of the creative minds.

We believe that real education should aim at a holistic growth of a child's personality. This magazine stands a testimony to the fact that education should give a free rein to the creative spirit children are endowed with, besides addressing the cognitive domain of the children.

Browse through the panorama of creative expressions and discover for yourself the simple truth artistically put. I am sure you will not only enjoy reading the magazine but also get a glimpse of the abundant talent of our students.

The magazine makes it evident that "when we have a strong desire to do something even the lockdown unlocks its way!!"

I congratulate the members of the Editorial Board, students, and teachers of the Vidyalaya for their untiring efforts to bring out this magazine.

It's rightly said, "Talents differ; all is well and wisely put..."

Happy reading!

Y. Rama Prasad

Principal, KVCLRI

Editorial

Dear Readers

It's with a great sense of pride we place before you the Vidyalaya Patrika for the session 2021-22. The Patrika presents a perfect canvas of our students' colourful and creative expressions crafted beautifully.

As the magazine unfolds, you will find a plethora of enlivening ideas, thoughts and creative expressions in the form of poems, stories, articles, drawings and paintings.

This Patrika is an outcome of the combined effort of students and teachers of KV CLRI. We hope you enjoy flipping through the pages, and find it intriguing. The magazine creates a right forum for kindling the creative sparks and igniting the minds of the readers as well.

Leaf through the pages of our students' 'Creative Chronicle'...and get an insight into their calibre.

EDITORIAL BOARD

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Mr. T.T George - TGT English

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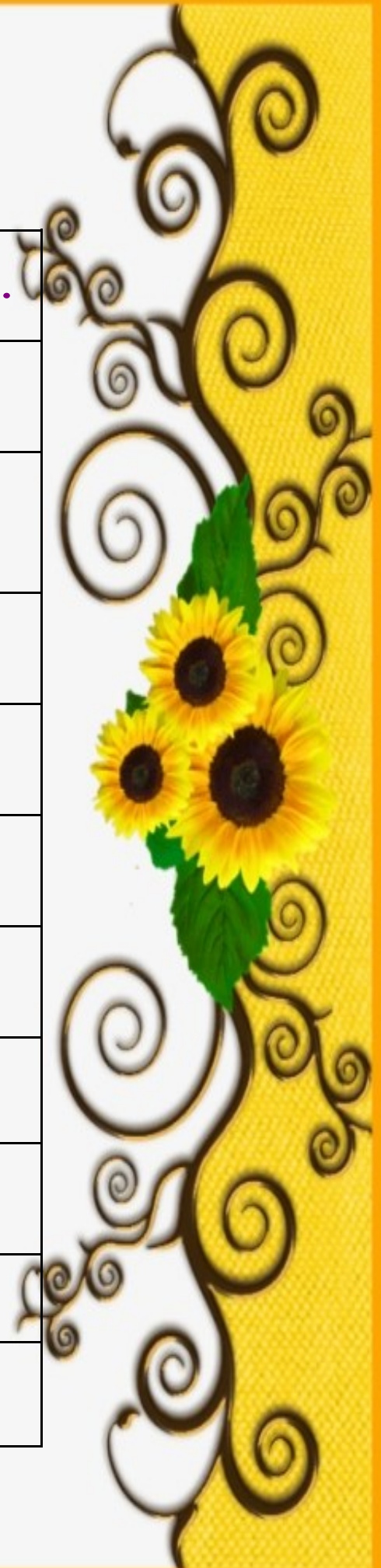
Digital designers-

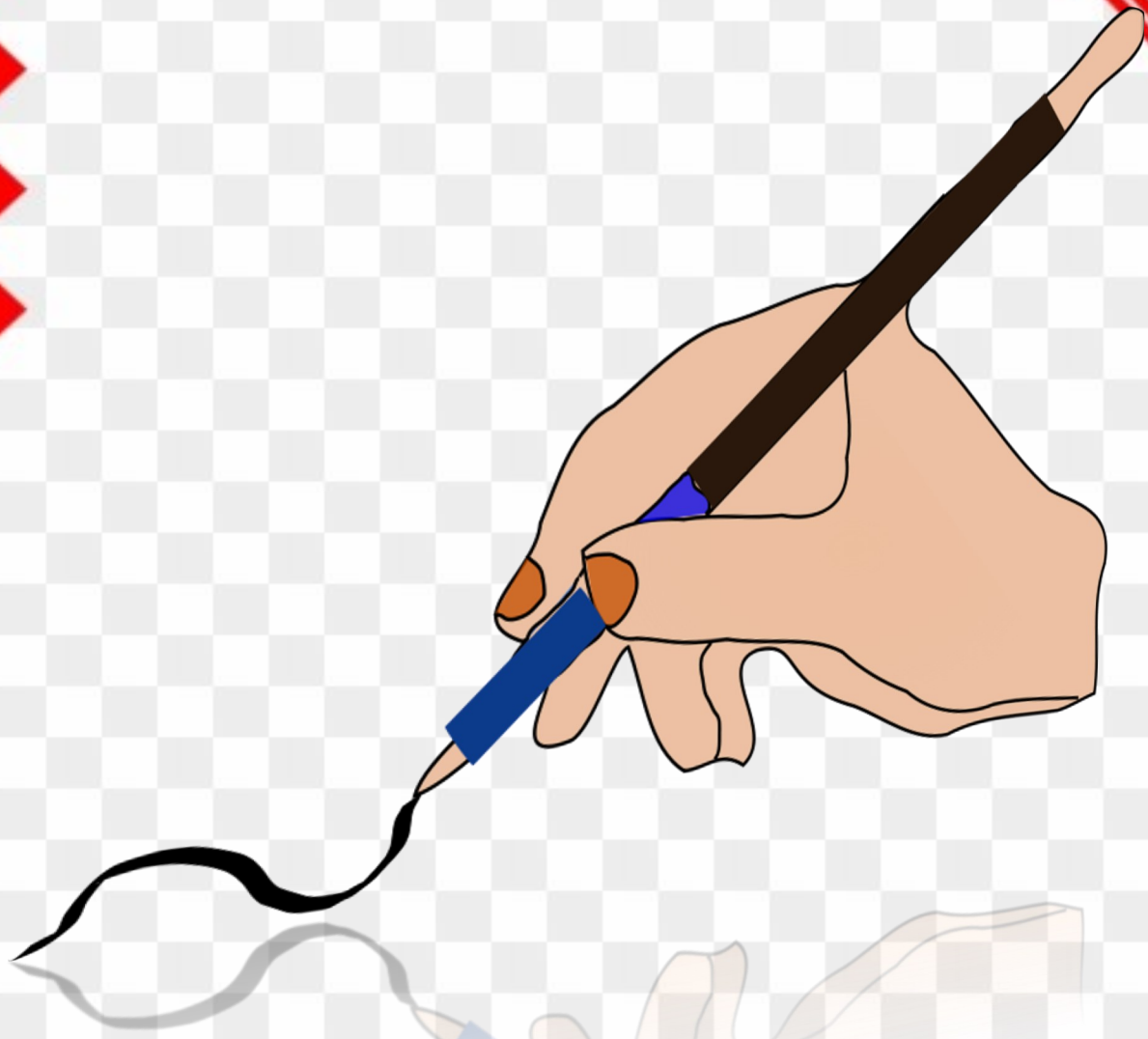
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Index

Content	Page No.
Hindi Section	<u>9</u>
Academic Toppers - 2020—2021	<u>23</u>
Kids Art	<u>27</u>
Young Writers Ink	<u>32</u>
Games & Yoga , Scouting & Guiding Glimpses	<u>63</u>
Event Scan	<u>68</u>
Creative Cascade by Teachers	<u>75</u>
Views in Hues	<u>84</u>
संस्कृतविभाग: (Sanskrit)	<u>91</u>
Online Digital Library	<u>98</u>





जादुई

बाल लेखन

मेरा पहला नृत्य प्रदर्शन

मैं, श्रुति और मेरी बहन- आद्रा- हम दोनों ने 7 साल की उम्र से भरतनाट्यम सीखना शुरू किया। 7 वर्ष तक निरंतर अभ्यास के बाद सातवें वर्ष में हमने अपना पहला 'अरंगरेटम' किया। यह एक भारतीय शास्त्रीय नृत्य और संगीत के छात्र का मंच पर पहला प्रदर्शन होता है। दरअसल एक कठिन साधना के उपरांत ही गुरु द्वारा परीक्षण के बाद मंच पर प्रदर्शन की अनुमति दी जाती है। यह भरतनाट्यम की पुरानी परंपरा बन चुकी है।

यह प्रदर्शन एक नर्तक या नर्तकी के लिए एकल प्रदर्शन करने हेतु या अन्य नृत्य शिक्षार्थियों को प्रशिक्षण देने में सक्षम होने के मार्ग को प्रशस्त करती है। मैं और मेरी बहन ने इस 'अरंगरेटम' के लिए बहुत अभ्यास किया था। जब मैं 8 साल की थी तब से भरतनाट्यम सीखना शुरू किया और मेरी छोटी बहन आद्रा ने जब वह 7 वर्ष की थी तब से। जब भी ऐसा महसूस होने लगता था कि अब नृत्य करना हमारे लिए बहुत आसान हो गया तभी संकट की घड़ी शुरू हो जाती थी। ऐसा इसलिए कि बचपन में हम बहुत नटखट थे। अपने अपने गुरु की बातें कभी-कभी ध्यान से सुनते तक नहीं थे, जिस कारण हम दोनों को अक्सर डांट मिलती थी।



अंततः गुरु ने भी सच्चा गुरु धर्म निभाया और उन्होंने हमें नृत्य के लिए प्रशिक्षित किया। 7 वर्ष बाद जब मैंने मंच पर अपनी पहली प्रस्तुति दी तब उनके आशीर्वाद और प्रोत्साहन ने मेरे हौसले को और बढ़ा दिया।

'अरंगरेटम' के दिन सुबह से ही मैं बहुत परेशान थी। ऐसा लग रहा था जैसे मैं किसी न किसी तरह सब कुछ खराब कर दूंगी। मेरी मां काफी तनाव में थी। उन्होंने वर्षों पूर्व 'अरंगरेटम' की योजना बनाई थी जिसे लागू करने में थोड़ा समय जरूर लगा। कहते हैं-- समय अबाध गति से निरंतर आगे बढ़ता रहता है। मेरे लिए भी जैसे समय को पंख लगा और प्रदर्शन का वह दिन आ ही गया।

जब मैं भरतनाट्यम की प्रस्तुति हेतु पूरी तरह सज-धज कर मंच पर चढ़ी तो दिल ज़ोर-ज़ोर से धड़क रहा था। आंखों के आगे अंधेरा सा छा रहा था क्योंकि मेरी आंखें चमकीली रोशनी की चकाचौंध में चौंधिया रही थीं। भयभीत हृदय से कांपते हुए मैं मंच पर चढ़ी। मां को याद किया। उनके सपनों को महसूस किया और मन ही मन गुरु को प्रणाम कर उनके आशीर्वाद से खुद को सराबोर किया। तब जाकर आत्मविश्वास जगा और नृत्य करते समय ज्यादा कुछ महसूस नहीं हुआ। ऐसा लग रहा था कि मेरे शरीर के सारे अंग बिल्कुल अलग हो गए अलग होकर ही नृत्य कर रहे थे। बीच में कभी पैर का दर्द महसूस हुआ, हाथ का भी दर्द महसूस हुआ। पर मैं रुक नहीं सकती थी। नृत्य करते समय और यहां तक कि बाद में भी कुछ सुनाई नहीं दिया। मैं तो ऑटो पायलट पर चल रही थी।

अंत में सारे मेहमानों को धन्यवाद दिया और घर लौटने के बाद सीधा बिस्तर पर लेट गई। अगली सुबह सचमुच हाथ और पैर का दर्द महसूस होने लगा। परंतु यह सुनकर मुझे बहुत खुशी हुई कि सभी को हमारा अर्थात् मैं और मेरी बहन का नृत्य बहुत पसंद आया था। ऐसा लग रहा था कि सारा दर्द समय और कठिन अभ्यास की थकान इसी दिन के लिए थी। मुझे ऐसा प्रतीत हो रहा था कि मारे खुशी के मैं एक गुब्बारे की तरह फट जाऊंगी।

मैंने अपने गुरु, अपने मां-बाप, संगीतकार, मृदंग वादक, वायलिन वादक और सारे लोगों के प्रति, जिन्होंने इस अवसर को इतना महत्त्वपूर्ण और खूबसूरत बनाया था, हृदय से कृतज्ञता महसूस की। हम दोनों बहनें अपने समस्त गुरुजनों के प्रति कृतज्ञता प्रकट करते हैं।

श्रुति वैद्यन

कक्षा- X 'अ'

हाँ, हूँ मैं तिरंगा

हाँ, हूँ मैं तिरंगा
जिसमे लिपटने को तैयार है देश का हर जवान
वाह! क्या शान मेरी, जिसका भारत महान
जिसके तीन रंग दे अनगिनत ज्ञान
गर्व है मुझे
हाँ, हूँ मैं तिरंगा।
जिस आसमान के पीछे छुपे हैं कितने बलिदान
लहराता हूँ, मैं शान से वहाँ
जहाँ विविध खान-पान और वेश-भूषाएँ
मगर सबका है एक ही जान
जिस देश के हर नागरिक के दिलों में है
मेरे प्रति सम्मान
हाँ, हूँ मैं तिरंगा।
बुराइयाँ हैं कुछ
पर रहते हैं सब परिवार जैसे
जिस देश में प्रकृति को कहा जाता है भगवान
जहाँ बुराइयों को हराने, खड़े रहते हैं राम
जहाँ डर को हराने, खड़े रहते हैं हनुमान
जहाँ शांति का पाठ पढ़ाते हैं बुद्ध
जहाँ पैदा हुए गांधी जी जैसे पुरुष महान,
उस महान देश का झंडा हूँ मैं,
हाँ, हूँ मैं तिरंगा।

अभ्रांत सिंह

कक्षा- 10 'अ'

मेरा स्कूल (कविता)

मेरा स्कूल, मेरा स्कूल
नहीं बहुत है दूर,
जाओगे हर दिन तुम तो
होगे ज्ञान-भरपूर।

मेरा स्कूल, मेरा स्कूल।

देखो-देखो खुला अब स्कूल
चलो पढ़ाई करने को,
झगड़ा छोड़ो, वक्त नहीं है
अभी लड़ाई करने को।

खुल गया मेरा स्कूल
मेरा स्कूल, मेरा स्कूल।

कक्षा में गर हो गई देर तो
डांट मिलेगी मास्टर की,
लाल हथेली होगी फिर तेरी
भाग्य खुलेगी डस्टर की।

अपना ज्ञान बढ़ाने की, है जगह माकूल
मेरा स्कूल, मेरा स्कूल।
चेंगला पार्थवरद राजू

कक्षा- VIII 'ब'



एकाग्रता का महत्व

एकाग्रता अर्थात 'एक + अग्र + ता'-- जिसका अर्थ हुआ - "किसी उद्देश्य की प्राप्ति के लिए अन्य बातों में ध्यान ना लगाते हुए एक ही चीज पर अपना ध्यान केंद्रित करना"। किसी महापुरुष ने सच ही कहा है, "हमें पहले खुद से संकल्प लेना होगा और किसी एक ही चीज पर अपना ध्यान केंद्रित करना होगा"।

मैं यह मानती हूं कि किसी एक काम को सुचारू ढंग से करने से न केवल संतुष्टि मिलती है, बल्कि एक तरह का आत्मविश्वास भी पैदा होता है। यह भी सच है कि बहुत सारे लोग कड़ी मेहनत तो करते हैं, लेकिन वे एकाग्र नहीं होते। उनमें एकाग्रता की कमी होती है। इसलिए वे बहुत सारी चीजों को एक साथ करने की कोशिश में किसी भी काम को सही ढंग से नहीं कर पाते हैं।

शुरु में हमें व्यापक रूप से सोचने की जरूरत होती है, क्योंकि जब हम इधर-उधर से टुकड़े लेकर एक साथ जोड़ेंगे तभी हमें हमारी मंजिल मिलेगी और उसका रास्ता भी मिलेगा। हां इसके लिए व्यापक सोच भी बहुत जरूरी होती है। अगर हम हमें इसे बहुत समय तक निरंतर जारी नहीं रखेंगे तो हमारी ऊर्जा कई दिशाओं में बिखर जाएगी। यही कारण है कि हम बहुत सारी चीजें कर तो पाते हैं, लेकिन किसी भी चीज पर अधिकार नहीं हो पाता।

किसी भी चीज में विजय प्राप्त करने के लिए एक तरफ ही ध्यान करने की जरूरत होती है, अर्थात एकाग्रता की जरूरत होती है। मगर इसका मतलब यह नहीं है कि हमें अपनी सोच को संकीर्ण रखना होगा। संकीर्ण सोच का मतलब है नई चीजों को सीखने से इनकार करना। हमें हमेशा प्रयत्न करना चाहिए कि हम नई चीजों को सीखें, क्योंकि यह हमें नया परिप्रेक्ष्य प्रदान करता है। हमें नया दृष्टिकोण प्रदान करता है। अंत में मैं यह कहना चाहती हूं कि जिंदगी में सचमुच सफल होने का एकमात्र रहस्य है -- 'एकाग्रता'।

कोविड महामारी: जीवन भर का एक अनुभव

बिना किसी संदेह के, कोविड-19 महामारी हम सभी के लिए एक जीवन भर का अनुभव था। पिछले दो साल हम सभी के लिए मुश्किल रहे हैं। एक तरफ कोरोना वायरस हमारे जीवन में कहर बरपा रहा था और हर दिन हजारों लोगों को संक्रमित कर रहा था। दूसरी ओर, यह वयस्कों और बच्चों दोनों की मानसिक और भावनात्मक स्थिरता को समान रूप से प्रभावित कर रहा था। हमारी सारी आजादी छीन ली गई और हमें अपना सारा समय कंप्यूटर-स्क्रीन के सामने बिताने को मजबूर होना पड़ा। पहले कुछ महीने बेहद निराशाजनक और दुखद थे। उसके ऊपर, मानवीय संबंधों में भारी बदलाव आया। लोग अलग-थलग और दूर होने लगे। चीजें बहुत अनिश्चित थीं।



यह हर एक इंसान के लिए एक कठिन युद्ध था। वे सभी जिन्होंने अपने प्रिय जनों को खोया, वे सभी जिन्होंने इस बीमारी से लड़ाई लड़ी, वे सभी जिन्होंने दूसरे लोगों की मदद की, उनमें से प्रत्येक ने ताकत और लचीलापन दिखाया।

डॉक्टरों, नर्सों, पुलिसकर्मियों, दुकानदारों और अन्य सभी फ्रंटलाइन कार्यकर्ताओं ने दुनिया की रक्षा करते हुए अपनी जान खतरे में डाल दी। इनके निस्वार्थ कृत्यों ने मानवता में हमारे विश्वास को लौटाया और हमें दिखाया कि हमारे सांस्कृतिक और आर्थिक भेदों के बावजूद, मानव जीवन सबसे ऊपर है।

हममें से बहुत लोग शिकायत कर रहे हैं कि 2020-21 बहुत घटनापूर्ण वर्ष नहीं था, हाँ, यह सच है, लेकिन अगर हम सभी इसके बारे में एकपल के लिए सोचते हैं, तो यह एक ऐसा वर्ष भी था जिसने हमें बहुत सी महत्वपूर्ण चीजें सिखायी। इसने हमें बदलने और बेहतर इंसान बनने में मदद की है: अधिक आशावादी और खुश।

आज हमारा जीवन धीरे-धीरे सामान्य स्थिति में लौट रहा है। पर हमें ध्यान रखना है कि महामारी अभी खत्म नहीं हुई है और मुझे लगता है कि हमें जिम्मेदार नागरिकों के रूप में सभी सुरक्षा-सावधानियों का पालन करना चाहिए और हमें और हमारे आसपास के लोगों को सुरक्षित रखना चाहिए।

-शांभवी बाला (12- ब)

मेरी नैनीताल की यात्रा



आजकल चारों तरफ कोरोना की ही चर्चा हो रही है। हमें मास्क पहनने और कहीं भी जाने के लिए भी सावधानी बरतने की जरूरत है। इस कोरोना महामारी के कारण हमारी सभी यात्राएं रद्द करनी पड़ीं। यह सब सोचते-सोचते मेरी मन नैनीताल की अपनी अंतिम यात्रा पर आ गयी। हम वहां अपने माता-पिता, बहन और मौसी के साथ गए थे। हम सभी ने चेन्नई से दिल्ली के लिए विमान ली और फिर वहां से नैनीताल के लिए ट्रेन पकड़ी।

उस दौरान मैं कुछ मिनटों के लिए अपने परिवार से बिछुड़ गयी। मैं काफी डर गयी और सोचने लगी कि क्या मैं सचमुच खो गयी हूँ? और इसके बाद मैं अपने माता-पितासे कभी मिल नहीं पाऊँगी। क्या मैं उन्हें कभी नहीं देख पाऊँगी!? यह सोचते-सोचते मैं लगभग रोने-रोने को हो गई। पर उधर पापा-मम्मी को भी लगा कि मैं शायद बिछुड़ गई हूँ। उन्होंने भी मुझे खोजना शुरू किया और जब मैंने आखिरकार उन्हें ढूँढ लिया, तो उन्हें यह एहसास भी नहीं हुआ कि मैं गुम हो गयी थी।

हमने टिफिन टॉप पर जाने के लिए एक घोड़ा किराए पर लिया। मैं और मेरी बहन एक ही घोड़े पर सवार हुए। वो आगे बैठी थी और मैं पीछे। उस घोड़े को न जाने क्या हुआ कि उसने मेरे पीछे अपनी पूंछ मारनी शुरू कर दी। और मुझे उसकी यह पिटाई पूरी सवारी के दौरान सहनी पड़ी। हमने जिम कॉर्बेट नेशनल पार्क भी देखा।

इन सभी जगहों को देखने के बाद जाने का समय हो गया था। हमने फिर नैनीताल से पुरानी दिल्ली स्टेशन के लिए ट्रेन पकड़ी। जैसे ही हम ट्रेन के अंदर चढ़े, तेज बारिश होने लगी। दिल्ली स्टेशन पर पहुंचते ही बारिश तीव्रतर हो गई। ऐसा लग रहा था कि स्टेशन की छत टूटकर गिर जाएगी। स्टेशन से हवाई अड्डे जाने के लिए कोई सवारी नहीं, कोई टैक्सी या ऑटो तक भी नहीं वहाँ नहीं था। मेरी माँ मेरे और मेरी बहन के सिर को दुपट्टे से ढकने की कोशिश कर रही थी।

वैसे तो हमें आधे घंटे के भीतर अपने विमान में चढ़ जाना चाहिए था। पापा, मम्मी को डांटने लगे। हमने घर पहुंचने की उम्मीद छोड़ दी। उसके बाद, हमने किसी तरह एक ऑटो पकड़ा और जल्दी से हवाई अड्डे पर पहुंचे और देखा कि बारिश के कारण हमारी उड़ान में देरी हो रही है। यह देखकर हमारी खुशी का ठिकाना नहीं रहा। हमने अपने विमान के लिए हवाई अड्डे पर एक घंटे तक इंतजार किया और चेन्नई पहुंचे और सीधे-सीधे घर चले गए।

नंदिता सुजीत ,

कक्षा- VIII 'ब'

कोरोना की शुरुआत

16 मार्च 2020-

मैं अपनी परीक्षा खत्म करके घर आई, खाना खाया और अपने दोस्तों को फोन मिलाया। हम सबने करीब 5 बजे बात करनी शुरू की, और अपनी परीक्षा के जवाबों की पुष्टि करते-करते 6 बजा दिये।

मैं अपने परिवार के साथ रात का खाना खाते समय समाचार देख रही थी, और हर चैनल पर कोरोना वायरस के बारे में बोल रहे थे। मैंने इसके बारे में पहले भी सुना है। पूरी दुनिया में सब इससे बहुत डरे बैठे थे। लेकिन शुक है कि यह वायरस अब तक भारत में नहीं आया था। लगभग नौ बजे, लॉकडाउन की घोषणा हुई और हमें पता लगा कि भारत में कोरोना के मामले बढ़ने शुरू हो गए हैं। अभी तो सिर्फ एक दिन का लॉकडाउन हुआ है, लेकिन आगे क्या होगा? क्या भारत भी बाकी देशों की तरह घर में बंद हो जाएगा?

इस महामारी ने हमें बहुत सताया, पर बहुत कुछ सिखाया भी। इन दो सालों में जब कोई घर से बाहर नहीं निकल पाया, तो सबने घर से ही अपना-अपना काम करना शुरू किया। कोरोना ने लाखों लोगों की जान ली, उनमें से एक मेरे पुराने पड़ोसी भी थे। मैं उनको बहुत पहले से जानती हूँ। उन्होंने मुझे पढ़ाया है। मेरे साथ खेला है। मुझे कई चीज़ें सिखायी हैं। वो मुझे अपने दादाजी जैसे लगते थे। पर अफसोस मैं उनके श्राद्ध में भी नहीं जा पायी।

हर चीज़ की अच्छाइयाँ और बुराइयाँ -- दोनों होती हैं। कोरोना की वजह से घर में बंद रहकर भी लोगों ने बहुत सारी नई चीज़ें सीखीं जैसे -- नए पकवान बनाना, नए खेल खेलना, आदि। मुझे इस महामारी की वजह से अपने परिवार के साथ ज़्यादा समय बिताने का मौका मिला। कोरोना से पहले हम सब अपने ही कामों में व्यस्त रहते थे। मैं और मेरी बहन स्कूल और गृहकार्य में, और हमारे माता-पिता अपने काम में।

जब कोरोना ने हमें घर में कैद किया, तो हम एक-दूसरे के साथ ज़्यादा समय बिताने लगे। मैंने अपने माता-पिता के बचपन की कई कहानियाँ उनके ही मुँह से सुनी, साथ ही अपने दादा-दादी और नाना-नानी के किस्से भी सुने। बहुत मजा आया। कोरोना ने भले ही लोगों का परिवार छीना, पर उसने कुछ को उनका परिवार दिया भी। लोगों को घर में बंद कर पर्यावरण को शुद्ध भी किया। भले ही यह सब कितना भी अच्छा हो, पर लोगों की जानों की कीमत इन सबसे कहीं ज्यादा है। इसलिए हम सब अभी भी आशा करते हैं, कि सब कुछ पहले की तरह हो जाए, ठीक हो जाए।



आयुषी वशिष्ठ

कक्षा- IX-C

किताबों का महत्व

किताबे पढ़ना दुनिया का सबसे अच्छा एहसास है। जब भी हम कोई नई पुस्तक को खोलते हैं, तब एक नई दुनिया उभरकर सामने आती है।

जब किसी पुस्तक में शब्द नहीं होते, वह एक निर्जीव शरीर की तरह होती है। पुस्तकें पढ़ने से हमारी शब्दावली सुधारती है तथा रचनात्मकता और सृजनात्मकता भी बढ़ती है। पुस्तकें या किताबें हमारी मानसिक मांसपेशियों को मजबूत करती हैं।

किताबें ऐसी भावनाएँ प्रस्तुत करती हैं जो चलचित्र नहीं कर सकते। पुस्तकें पढ़ना तनाव घटाती हैं। किताबें पढ़ने से हमारा ध्यान बढ़ने के साथ-साथ एकाग्रता भी बढ़ती है। जब हम सीखते हैं, तो हम सोचते कम और प्राप्त ज्यादा करते हैं। हमें चीजों के बारे में बहुत सी जांकारियान सारी जानकारी मिलती है जिससे हम समृद्ध होते हैं।

आजकल आमतौर पर लोग 200 पेज की किताब नहीं पढ़ते बल्कि पॉडकास्ट सुनते हैं। अपने बचाव में मैं कहना चाहती हूँ कि एक किताब पढ़ना ऑडियो बुक/ पॉडकास्ट सुनने से कहीं ज्यादा बेहतर है, क्योंकि जब हम पढ़ते हैं तो हम अपने नजरिए से सोचते हैं। लेकिन अगर जो ऑडियो बुक को सुनते हैं उनमें से आधे लोगों के पास खुद का नजरिया नहीं होता है।

इसलिए मुझे लगता है कि हम सबको किताबें पढ़ने का शौक होना चाहिए।

अक्षया बाला जी

कक्षा IX 'C'



माँ का आँचल (कविता)

मां का आंचल
और पापा की गोद,
छोड़ आई मैं।

बचपन के खिलौने
और पड़ोस के दोस्त,
छोड़ आई मैं।

भविष्य के कई सपने
और थोड़ी शरारतें,
छोड़ आई मैं।

न जाने कितने चीज
और कितनी यादें,
छोड़ आई मैं।

इन सब को छोड़
सर पर कई जिम्मेदारियों
की घूंघट,
ओढ़ आई मैं।

पुराने रिश्तों से दूर,
नए रिश्तों की चादर,
ओढ़ आई मैं।

छोड़ी बहुत कुछ
और ओढ़ी भी कुछ,
पर जो नहीं छोड़ी
वे थीं आशाएं और
जो नहीं ओढ़ेंगी
वे होंगी बंदिशें और
रूढ़िवादी विचार!



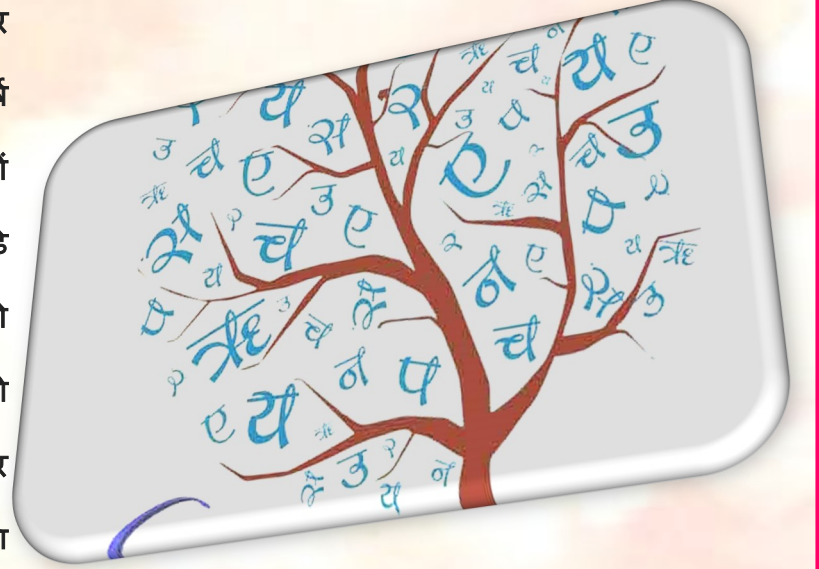
अभ्रांत सिंह

कक्षा -X 'अ'

हिन्दी भाषा: उसका महत्व

आज विश्व में कुल 3000 भाषाओं से भी अधिक भाषाएं बोली जाती हैं। उनमें से हिंदी एक भाषा है, जो हमारे देश भारतवर्ष की भाषा है। यह राष्ट्रभाषा, संपर्क-भाषा और राज-काज की भाषा के रूप में प्रतिष्ठित हो चुकी है, साथ ही अंतर्राष्ट्रीय स्तर भी अपनी पहचान बना चुकी है।

हिंदी भारत की संस्कृति और संस्कारों की पहचान बनाने वाली भाषा है। आज की तारीख में विश्व की सबसे ज्यादा बोली जाने वाली भाषा में हिंदी का स्थान दूसरे नंबर पर आता है। हिंदी भाषा का जन्म लगभग 1000 वर्ष पहले हुआ था। यह सिर्फ एक भाषा का ही काम नहीं करती यह सभी लोगों को एक दूसरे से आपस में जोड़े रखने का भी काम करती है यह भाषा सभी धर्मों को जोड़े रखने का भी काम करती है। हिंदी भाषा बहुत ही सहज, सरल और बोधगम्य भाषा है। इस भाषा को हर कोई सीख कर इसका प्रयोग कर सकता है। इस भाषा का व्याकरण भी बहुत आसान है जिसका प्रयोग आसानी से किया जा सकता है।



इस भाषा में अपनी भावनाओं को अच्छी तरह व्यक्त कर सकते हैं। इस भाषा में मैथिल कोकिल विद्यापति, सूर, तुलसी, मीरा, रसखान जैसे भक्त कवि हुए तो मैथिलीशरण गुप्त, जयशंकर प्रसाद, निराला और पंत जैसे श्रेष्ठ आधुनिक कवि भी। मुंशी प्रेमचंद जैसे विश्वविख्यात कथाकार भी। अनगिनत लेखकों और कवियों ने इस भाषा को अपने अप्रतिम साहित्य से सजाया और संवारा है।

यह एक ऐसी लोकप्रिय भाषा है जिसे सीखने के लिए लोग लाखों रुपए खर्च करके विदेशी भारत आते हैं और हिंदी सीखते हैं फिर उसे पूरी दुनिया में फैलाते हैं। हमारी हिन्दी आज अंतर्राष्ट्रीय स्तर पर अपनी पहचान बना चुकी है।

हिंदी दिवस भारतवर्ष में हर वर्ष 14 सितंबर को मनाया जाता है ऐसा इसलिए किया जाता है क्योंकि 14 सितंबर 1949 ई. में ही हमारे संविधान निर्माताओं ने इसे संविधान में स्वीकृति प्रदान की थी। हिंदी संपूर्ण हिंदुस्तान को एकता के सूत्र बांधती है। 10 जनवरी को विश्व हिन्दी-दिवस भी मनाया जाने लगा है। इसके प्रति हमें अपना प्रेम और सम्मान प्रकट करना चाहिए। यह हमारा राष्ट्रीय कर्तव्य है।

डी.आर. दीपिका

कक्षा - IX 'C'

विद्यालय का पहला दिन (संस्मरण)

11 साल पहले जब मैं 6 साल की थी तब पहली बार स्कूल गई थी। स्कूल का पहला दिन था। मेरी मां ने सुबह-सुबह मुझे जगाया। मैं सोई हुई ही थी की खिड़की से सूरज की रोशनी मेरे चेहरे पर पड़ी। वह एक हंसमुख दिन था, ऐसा मुझे लगा। जब मैं जागी तो कौए के जोड़े को अपनी चोंच मिलाते हुए देखा और कोयल की मीठी-मीठी कूक सुनी। छोटे-छोटे बच्चों को खुशी से बाहर जब धमाचौकड़ी मचाते देखा तो मुझे लगा कि मैं भी उनके साथ खेल सकती हूं। लेकिन मेरी मां ने जोर से मेरा नाम पुकार कर मुझे घर के अंदर बुला लिया।

मैंने सोचा कि मैं अभी भी छोटी हूं और मुझे बिलकुल नहीं पता कि मैं स्कूल जा रही हूं। तैयार होने के बाद मैं पापा और मां-- तीनों मंदिर आए। थोड़ी देर वहां बैठकर मेरी मां ने मुझसे कहा कि आज मेरे स्कूल का पहला दिन है। उसने मुझे शिक्षकों और बड़ों से बड़ी विनम्रता पूर्वक बात करने तथा अनुशासन में रहने की सीख दी। उन्होंने मुझसे कहा कि यदि मैं अच्छे-अच्छे काम करूंगी, अच्छी पढ़ाई करूंगी तो सारे शिक्षक मेरा नाम लेंगे और उससे तुम्हारे माता-पिता को भी गर्व होगा।

मैं बिना कुछ सोचे समझे बस हां हां में अपना सिर हिलाती रही। बाद में स्कूल पहुंचने के लिए काफी समय लगा क्योंकि मेरा स्कूल मेरे घर से काफी दूर था और नया भी। स्कूल पहुंचने के बाद मेरी मां ने मुझसे कहा कि मुझे इसी स्कूल में अब अगले 12 वर्षों तक पढ़ना है। स्कूल में आने के बाद हम सबसे पहले संध्या मैडम से मिले। संध्या मैडम के अलावा उस स्कूल में किसी व्यक्ति को भी मैं नहीं जानती थी। वे मुझे पहली कक्षा के 'ब' सेक्शन में ले गईं। वहाँ मुझे आश्चर्य हुआ कि मेरी उम्र के लगभग सभी बच्चे अपनी अपनी जगह पर चुपचाप बैठे हुए थे।

मैं वास्तव में बड़ी अजीब सी महसूस किया जब मैंने दूसरे बच्चों को यूनिफॉर्म में पहली बार देखा जबकि मैं फ्रॉक पहनी थी। मैं उस समय अपने पापा का हाथ जोर से पकड़ कर खड़ी थी और उन्हें छोड़ना ही नहीं चाहते थी।

पापा ने मुझसे कहा कि बेटा अब मुझे निकलना होगा। और वे मुझे संध्या मैडम के पास छोड़कर घर वापस लौट आए। संध्या मैडम ने मुझे सोनू के पास सीट दी और मेरी बगल में मीनाक्षी नाम की एक एक लड़की बैठी।

स्कूल में मेरी सबसे पहले दोस्त बनी। मेरी मां और मेरे पापा स्कूल से जब मुझे छोड़कर जा रहे थे तो मुझे उन्होंने 'अलविदा' कहा। मैं वास्तव में भयभीत हो गई और कक्षा के बाहर रोते हुए भागी। यह मेरे लिए दिल तोड़ने वाला अनुभव था। मेरी मां ने मुझे संध्या मैम के पास जाने के लिए कहा पर मैं मानने को तैयार नहीं थी। मैम ने आकर मुझे प्यार से पुचकारा और समझाया। तब मैं अपनी कक्षा के अंदर गई।



मुझे तब शर्म आई जब सब मुझे घूर घूर कर देख रहे थे। मैंने अपने आंसू पोंछे और बिना कुछ कहे बस बैठ गई। मैम ने मेरे साथ ढेर सारी बातें की और कहा कि बेटा तुम्हें डरने की कोई जरूरत नहीं है।

उन्होंने बताया कि मैं सोनू और मीनाक्षी के साथ दोस्ती कर सकती हूं।

फिर मैंने मुस्कुराते हुए मैम से कहा- 'जी'। मैं और इस तरह मैम की उस मधुर मुस्कान ने मुझे स्कूल में हमेशा के लिए स्थापित कर दिया।

दोपहर में भोजन के दौरान मेरा भाई, जो उस समय चौथी कक्षा में पढ़ता था, अपने कुछ दोस्तों के साथ आया और मुझसे मिला। नए लोगों से मिलने में मुझे घबराहट सी होती थी पर मैंने अपना डर दूर निकाला। कक्षा खत्म होने के बाद मेरा भाई मुझे लेने के लिए मेरी कक्षा में फिर आया। मेरी मां और मेरे पिताजी स्कूल के बाहर मेरा इंतजार कर रहे थे। जब मैंने उन्हें देख तो खुशी से मुस्कुराकर उनका स्वागत किया।

पिताजी ने मुझे अपनी गोद में उठा लिया और माँ ने मेरे गाल पर एक चुंबन जड़ दिया। सचमुच वह क्षण मेरी जिंदगी में अविस्मरणीय क्षण बन गया। स्कूल का पहला दिन एक तरफ बहुत कड़वा था तो दूसरी तरफ मधुर और अविस्मरणीय भी।

जे कीर्तना

कक्षा - XII 'ब'

नए शहर का डर

मुझे जब पता चला कि मेरे पिताजी का ट्रान्सफर कोलकाता हो गया, तब मैं थोड़ा घबरा गयी थी। मुझे पता नहीं था कि मैं उधर किसी से दोस्ती कर पाऊँगी या नहीं? वहाँ के विद्यालय कैसे होंगे? मुझे तो बंगला भी नहीं आती तब मैं किस भाषा में लोगों से बात करूँगी? आदि आदि।

मुझे अपने चैन्नई के दोस्त याद आएंगे तो जरूर, पर मुझे ऐसा लगा कि वहाँ कोलकाता जाने से मुझे कुछ नया सीखने को मिलेगा। यह ठान कर मैं कोलकाता आयी।

जब मैं एयरपोर्ट से पहली बार घर आ रही थी तब मैंने देखा कि कोलकाता कितनी सुंदर जगह है। सड़कें बड़ी- बड़ी थी, हरियाली बहुत थी, पक्षी और जानवर ढेर सारे, और सबसे ज्यादा

आश्चर्य तो बहुत ज्यादा लोगों को देखकर हुआ! जब हम घर पहुंचे तभी से मैं इस जगह को पसंद करने लगी।

जब मैं पहली बार वहाँ के स्कूल में गयी, तो बड़ी सहमी-सहमी सी थी। उधर मैं शुरू- शुरू में थोड़ी शर्माती भी थी क्योंकि मुझे हिंदी बोलना भी अच्छे से नहीं आता था। पर फिर कुछ ही महीनों में मैंने हिंदी बोलन शुरू कर दिया। फिर मैंने अपने नए दोस्त बनाये और उन दोस्तों से बंगला सीखना शुरू कर दिया। 'आमर बाड़ी कोथाय'... 'आमार नाम की' जैसे प्रश्नों जवाब मैं बंगला में देने लगी तो फिर मेरी खुशी का ठिकाना नहीं रहा।

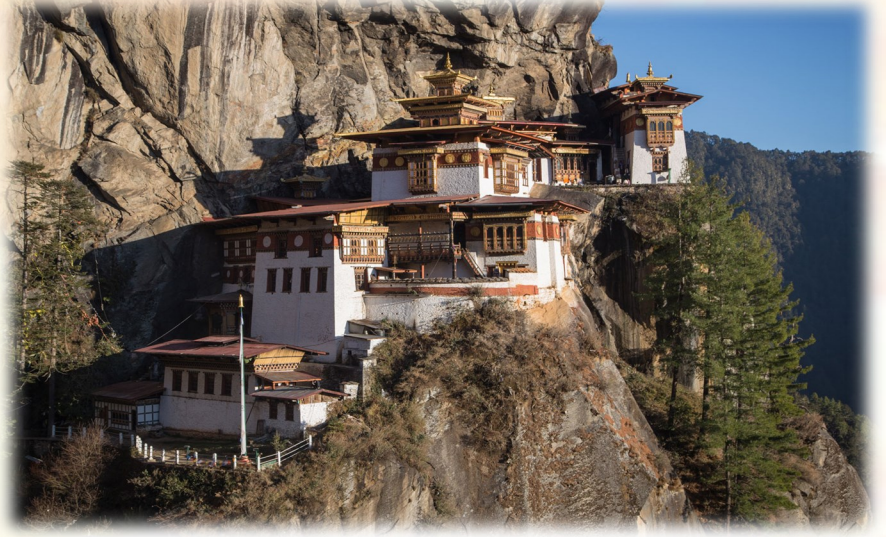
और जब मैं तीन साल बाद कोलकाता को छोड़कर चैन्नई वापस आई तब मुझे अहसास हुआ कि जीवन में नयी चीजों को सीखने के लिए हमें अपने मन से डर बिलकुल निकाल देना चाहिए।



श्रीनिधि कण्णन
कक्षा -VIII 'C'

मेरा भूटान प्रवास

विश्व में भूटान एक ऐसा देश है जो दुनिया के सबसे खुशहाल देशों में आठवें स्थान और एशिया में पहले स्थान पर आता है। इसकी जनसंख्या आठ लाख के करीब है। इस देश के खुशहाल होने का कारण इनका पांचवां राजा जिगमे खेसर नामग्याल वांगचुक भी हैं। इस राजा ने सबको नौकरी देने का वादा किया और उसे निभाया भी। यही कारण है कि इस देश में आपको एक भी भिखारी नहीं मिलेंगे।



पहाड़ पर इस देश के स्थित होने के कारण यहां हॉर्न बजाना सख्त मना है क्योंकि हॉर्न बजाने से पहाड़ के अंग टूट सकते हैं. ऐसा यहाँ के लोगों की मान्यता है

जो कुछ हद तक सच भी है। यहां आपको एक भी ट्राइफि सिग्नल नहीं दिखेंगे क्योंकि लोग एक दूसरे को समझ कर गाड़ी चलाते हैं। इस देश में पुलिस के साथ-साथ लोग भी कानून का पालन करते हैं। यहां आप सड़क पार करने के लिए सिर्फ 'पैदल पार पथ' का उपयोग कर सकते हैं, और अगर आप ऐसा नहीं करते हैं तो आपको जुर्माना भी भरना पड़ सकता है।

यहां की राजधानी है -थिम्पू, जहां राजमहल अवस्थित है। यहां का राजा यहीं से राज-काज करते हैं।

यहां राज-परिवार के सदस्य भी आम आदमियों का सा जीवन जीते हैं। राजा की एक ही पत्नी है और उनका एक छोटा सा बच्चा भी है। जिस तरह हमारे भारतवर्ष में महिलाएं साड़ी पहनती हैं, उसी प्रकार भूटान की महिलाएं 'कीरा' और मर्द 'गो' पहनते हैं। 'यहां न्यूगलत्रम' का इस्तेमाल किया जाता है जिसकी कीमत भारतीय रुपयों की तरह ही है।

मैं भूटान में 2 साल रही थी। यहां की शांति ने मेरे मन को मोह लिया था। हर सुबह एक अलग सा उत्साह भर जाता था। वहां के लोगों की खुशी देखकर दिल में एक अलग सा आनंद उमड़ आता था। मुझे भूटान से इतना प्यार हो गया है कि मैं अपनी आखिरी सांस तक भी वहाँ भूटान में अपना जीवन बिता सकती हूँ।

The image features a vibrant rainbow border framing the entire content. In the top right and bottom left corners, there are clusters of colorful pencils in shades of purple, blue, red, yellow, and green, pointing towards the center.

Academic Toppers **2020—2021**



CBSE TOPPERS 2020 -2021**CLASS XII— 2020 -2021**

SCIENCE STREAM	SHRIVATHSA P S	489/500	97.8%
	M RAJENDRAPRASAD	486/500	97.2%
	M SAI SKAND	486/500	97.2%
	JEFFRIN LYDIA R	481/500	96.2%
	V SNEHA	477/500	95.4%
	VIGNESH KASI PL	477/500	95.4%
	SUJANA S	481/500	96.2%
COMMERCE STREAM	K PRASHANT	476/500	95.2%
	M S DHARSHINI	472/500	94.4%
	T SIVANGHII	468/500	93.6%
	GAYATHRI ASISH	465/500	93.0%
ENGLISH	SHRIVATHSA P S		98.0%
	S RAJENDRAPRASAD		98.0%
HINDI	V S RAJESHWARI		95.0%
SANSKRIT	J JUHI SARAH ARCHANA		90.0%
MATHEMATICS	SHRIVATHSA P S		99.0%
	S RAJENDRAPRASAD		99.0%
	SAI SKAND S		99.0%
	S JAGRATH MITHUN		99.0%

PHYSICS	SHRIVATHSA P S	96.00%
	S RAJENDRAPRASAD	96.00%
	JEFFRIN LYDIA R	96.00%
	V SNEHA	96.00%
	VIGNESH KASI PL	96.00%
	SNEHA G	96.00%
	SAI SKAND S	96.00%
	S JAGRATH MITHUN	96.00%
CHEMISTRY	SHRIVATHSA P S	98.00%
BIOLOGY	SAI SKAND S	99.00%
BIO TECHNOLOGY	DURGA D M	93.00%
COMPUTER SCIENCE	SHRIVATHSA P S	98.00%
INFORMATICS PRACTICES	S KIRTHANA	94.00%
BUSINESS STUDIES	SUJANA S	97.00%
	M S DHARSHINI	97.00%
ACCOUNTANCY	SUJANA S	97.00%
	M S DHARSHINI	97.00%
ECONOMICS	SUJANA S	96.00%
	M S DHARSHINI	96.00%

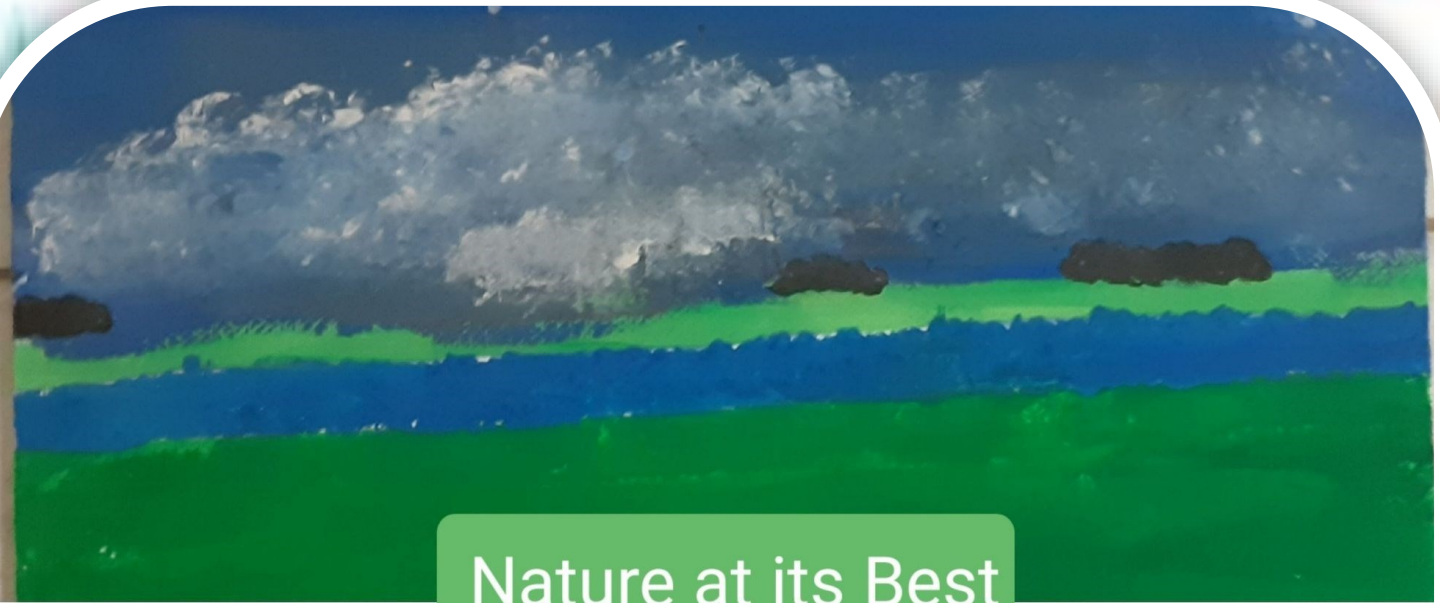
X CBSE TOPPERS 2020—21

SCHOOL TOPPERS	R UPASANA	98.2%
	SAHISHNA RAJESH	97.2%
	K SREELAKSHMI MENON	97.0%
	M S HARSHITHA	96.6%
	P S JEEVEEKA	95.8%
ENGLISH	R UPASANA	96.0%
	SAHISHNA RAJESH	96.0%
	K SREELAKSHMI MENON	96.0%
	M S HARSHITHA	96.0%
	P S JEEVEEKA	96.0%
	JINISHA SAGAYA PRINCY	96.0%
	N S SRICHARAN	96.0%
HINDI	K SREELAKSHMI MENON	99.0%
SANSKRIT	R UPASANA	100.0%
	G S LAKSHMI SAHANA	100%
MATHEMATICS	R UPASANA	98.0%
SCIENCE	R UPASANA	98.0%
SOCIAL SCIENCE		
	R UPASANA	99.0%
	SAHISHNA RAJESH	99.0%

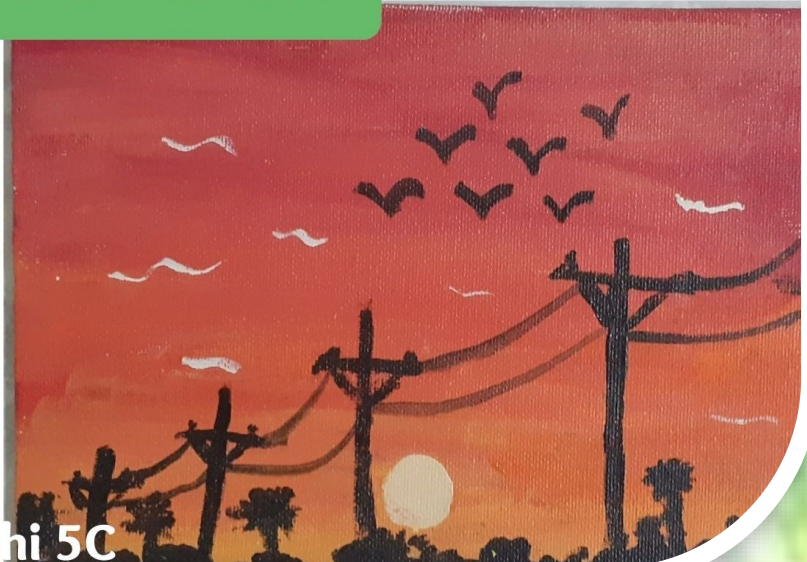
Kids Art



Siddhi Arun 5B, Sree Sanvi 2A



Nature at its Best



Sai Smrithi 5C



Mahathi 3A



Asritha Ramiseti 4C



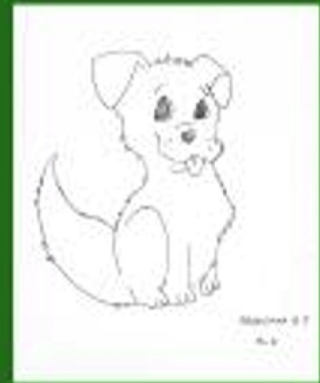
Shafiva 3C



Laveen 4A, Joy Kapil 5A, Diksitha, Dhanyasri 1A, Dhanush Karthik 1C



Yogitha Sri Tammu 5A, Rafael, Juan Kingsley 3C



Nikitha 4A, Rodasi 3B, Nishka Bindal 4B, Srijith 1A, Prinishika 5C,



*Young
Writers
Ink.*



A Rare Bird

I spotted a rare bird through my bedroom window, I was very happy and excited after seeing it, since my mother loves birds and loves to click pictures and write about them, so I rushed to bring my mother to show her the bird.

My mother too, was very excited after hearing this, so she grabbed her camera and followed me to my room. but sadly, the bird had flown away after hearing the excited noises. My mother only got a blurry glimpse of it.

The next day I again saw the same bird! But this time I made no noise and called my mother, and we both tip-toed into my room and my mother moved towards the window. and then I came to know that it wasn't a rare bird after all...it was just a normal bird.

I was very annoyed and sad after hearing this, but I soon came over it as the little bird began singing sweetly.

AKSHITHA Y RAMPRASAD
VII B, KV CLRI

Mother Nature

One fine day, I started hearing the bird chirping cheerfully. Wondered how I could hear it. Then I realised that there was no human disturbance ; no horns, no quarrels, no vehicles, no social gatherings, no flights, all because, our Mother Nature wanted to regain her lost stamina, and it happened.-
THE LOCKDOWN. Our environment started seeing positive impact, it started to heal. Humans started to care for each other, started seeing each other face to face instead of looking into their mobile phones; families reunited; kids never missed their parents' attention and affection, all happened because our Mother Nature wanted it. People started realizing every day is a gift, breathing the air is a boon, eating good food is what their body requires, because Nature wanted it. A great lesson 'Live and let live' learnt.

BHAVNA
IX C, KV CLRI

FACTS FOR YOU -THE ISS - HUMANKIND'S BIGGEST MISSION

The International Space Station, also called as ISS, is a gigantic spacecraft which orbits the earth every 90 minutes [Approx. 1 and ½ hours]. It is a multinational project and the usage is decided by the treaties between them. This is a 1 billion USD project and is used for research purposes. It is made up of 16 modules. It is the largest manned object ever put into space. It is so large that 8 space modules can be connected to the ISS at once. It also travels an equivalent distance from the moon and back in one day. The ISS makes 16 orbits every day and it experiences 16 sunrises and 16 sunsets per day. Astronauts workout 2 hours per day to be fit in the ISS. We can see the ISS from Earth during the night. That tiny dot tells us that together - we can achieve the impossible.....

BHAVYA.V
IX C, KV CLRI

“You want the world to behave as you wish. It does not, hence your anger and your grief.”

This is a line from the most interesting and informative epic JAYA written by Devdutt Patnaik. This book got my major interest in Hindu Mythology.

JAYA is the retelling of Mahabharata but it is comprehensive or intelligible. The actual author of Mahabharata is Krishna Dwaipayana aka Veda Vyasa. Veda Vyasa named his tale as '**Jaya**', because there are two kinds of victories. One is Vijaya, the material victory, other is **Jaya**, the spiritual victory. The doorkeepers of Vaikuntha are the twins, Jaya and Vijaya, both whose names mean 'victory'. One keeps you in Swarga; the other raises you into Vaikuntha. In Vaikuntha there is bliss forever, in Swarga there is pleasure for only as long as you deserve.

Jaya is an ancient Indian epic where the main **story** revolves around two branches of a family - the Pandavas and Kauravas - who, in the Kurukshetra War, battle for the throne of Hastinapura. The Pandavas were 5 brothers and the Kauravas were 100. The war lasted for about 18 days in which the Pandavas won .

I could understand each and every single line though it is pretty hard . Devdutt Patnaik has not failed to do it. I am surprised to find a lot written about Karna . They were also verses of Bhagvad Gita which were well explained. Devdutt Patnaik has beautifully explained true dharma and adharma and the value of life. I've learnt a lot from this book but I'll not reveal on what I've learnt as I want you to read this amazing book. The book is full of fun and has a lot of doodles and charts about dharma and karma. My only criticism in this book is they could've elucidated Kunti's feelings more.

Prior to reading this book I personally recommend you all to know the basic knowledge about Dwapara Yuga and Mahabharatha. There are a lot of twists in this book which is breath taking.

I would personally give this book a solid 9/10 as this book has helped me in my life, improve my vocabulary and much more. I would request you all to read this book as it has a lot of information and it can more interest in Hindu mythology!

AKSHAYAA BALAJI
IX C, KV C.L.R.I

Science

In our world, we see magic of science all around us. But what is science? Science is a word derived from the Latin word '*Scientia*' meaning knowledge, experience etc. We can define science as a systematic knowledge of everything be it seen or imagined.

Science started with development of humans itself. The first scientific knowledge, we can say, was making tools with wood and rock, when humans were hunter gatherers themselves. Since

then, over thousands of years, development of science helped humans to know his world and bring out things out of resources to make our lives better and more comfortable

Science has made our life easier and faster. Scientific inventions help us a lot in doing our work in more efficient and precise manner. It has

also helped us to explore our existence and our universe. Scientific discoveries help us see the unseen leading to development of technology and treatment which were previously considered incurable. Development of computing science, brought in such major changes that our present time is also known as computer age.

Though science is a lot helpful to us, it also has some demerits which are threatening to our existence. Indiscriminate use of natural resources is making our future generations insecure. Advanced scientific gadgets like T.V, mobile etc. are responsible for weakening the imaginary and observatory power of humans. Overuse of technology is making our body weaker and less immune. Development of weapons of mass destruction are always a threat to our life and existence. Fast and boundary less transportation make things spread globally before we could understand like.

The world today is a magical world of science. Science can be a friend or a foe. It has made our life better but it has also led to destruction of natural resources. Scientific tools have become a daily part of our life but overusing or misusing them can only harm us. Science is not just about development of technology and a continues process of exploring the unknown. It is also the judicious use of it without threatening our existence itself. So, we should move ahead with science with a sense of responsibility and care for nature and earth.

GAURANG KRISHNA

XC, KV CLRI



🔒🔒🔒 LOCKDOWN 🔒🔒🔒

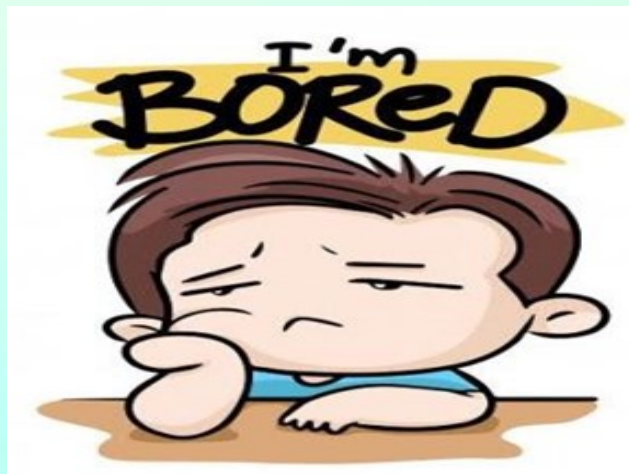
Lots of time with my family,
Fills me with enormous glee.
Home - teaching by my mom,
Missing my school and playground,
It really makes go crazy.

Missing my friends and all my teachers,
Watching YouTube to see who features
Glued to the net, mobile and the screen...

One day when this will come to an end,
we will look back and cherish the thought
of the lessons we learnt and the ones we were
taught.

ANTONY DAVIS

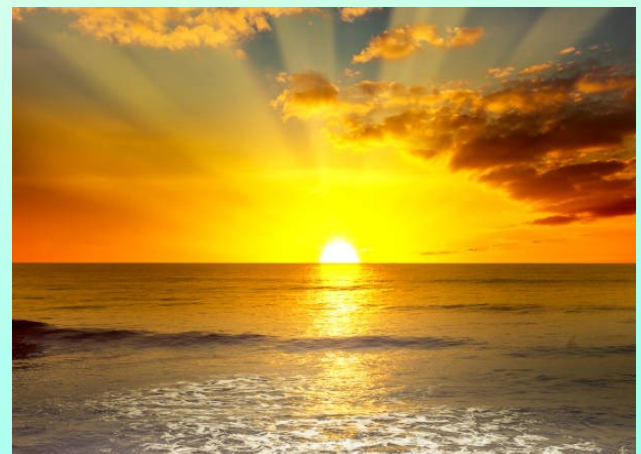
XII A KVCLRI



MORNING

Dawn and night...
Morning is bright
Wake up my dear
And have a cup of tea
Don't think that
"its so hot!"
Morning is bright and right for health!
Lets wake up and enjoy the sunlight
Why lie in the bed, and keep dreaming?
And seeing dreams in which dragons fight?
Instead you can go and enjoy Nature's sight!

AKSHITHA Y RAMPRASAD,
VII B, KV CLRI



During the pandemic...

Before the virus made its debut I went to school, played with friends and everything was fine.

Now I see people with face masks hiding their smile.

I'm afraid that my family and friends will get sick.

I miss playing with my friends at school.

I miss visiting my grandparents at their house.

I dream about seeing my best friend and then going to the beach.

While this [lockdown] happens, I draw pictures,

I play and I do homework with a hope that this pandemic ends, so I can go back to seeing my friends.

When all this ends, I will go to the park to skate.

All this will pass, we will be fine, if we take care of ourselves and kill the virus !!

Let's stay at home to go out!!

B SHRUTI N BHASKARAN

XII A, KV CLRI

THE DISEASE

Corona virus, the worst disease,

Hide in your homes, if you please.

Started in China, now the world is sick,

Let us unite and find a cure quick.

Let us build a bond to reach out to the needy

Wash your hands with soap,

We'll fight this virus, that's what I hope.

Don't go to crowded places,

Don't be one of those thousand cases,

Visit a doctor if you need care,

Now just make others aware of this demon.

Come let's fight to overpower it.

JAYAGANESH V

XII A, KV CLRI



LIFE DURING THE PRESENT PANDEMIC

14 July 2021

Wednesday

9.30pm

Dear dairy,

It was around 5.30am in the morning. The sun was shimmering and birds were chirping. At 6 a.m I went out for a morning



walk wearing a mask to start off my day with some positive vibes. After 40 minutes of walk I felt more energized and less sleep-deprived. That place was serene with no disturbance. It was a pleasant sight of Nature. I captured those moments in my mobile. In this present pandemic, I feel more overwhelmed. Even though this pandemic brought so many bitter experiences let's hope one day all things will get back to normal with much more brighter days than before. A salute to all the doctors, nurses, other health care workers, NGOs who are risking their life and providing good service to save the nation. I am also content of some things like dwindling of air pollution, fresh vegetation and also people are getting to spend their quality time with their family. Hope everything gets better soon....

Bye

G PARVATHY GANESHAN
XII A, KV CLRI

“HEALTH IS WEALTH”

Are we all mentally and physically fit? How to stay healthy? Is being healthy tough? Let's find the answers to all these questions by first understanding what real health is. If we do not have disease or pain does it mean we are fit? NO, we have to train our mind and body to survive Let us know how to do this.

To stay fit is very easy. We have to just follow some simple methods to be healthy. Waking up early is the first and easy step if you will to. Finding ourselves having a walk in the midst of nature can help us rejuvenate ourselves. Starting a day's meal with healthy food like dal,

milk, banana, chapatti further provides us the energy required for the day. Spending some time doing regular and simple exercises in the evening make us active. Sleeping early to rise early is the last step. Following all these simple steps and we can remain physically fit. To remain mentally fit, we can practice some problem solving games like Sudoku, crossword puzzles, word search etc. What do we gain by doing these? Let us find out.

Practicing exercises regularly reduces the risk of heart attack, controls blood cholesterol level and blood pressure, develops stronger bones, muscles and joints, blocks negative thoughts from entering our mind, reduce the level of stress hormones in brain, helps control our weight and helps in the development of brain in children. Prevention is better than cure, so let us prevent our body from falling ill by remaining fit.

“EVERY HUMAN IS THE AUTHOR OF HIS OWN HEALTH OR DISEASE”

D.R.DEEPIKHA
IX C , KV CLRI



READING BOOKS

Reading is a very good habit that needs to be developed in life. Good books can inform you, enlighten you and lead you in the right direction. There is no better companion than a good book. Reading is important because it is good for your overall well-being. Once you start reading, you experience a whole new world. When you develop the habit of reading you eventually get addicted to it.

Books really are your best friends as you can rely on them when you are bored, upset, depressed, lonely or annoyed. They will accompany you anytime you want them to and enhance your mood. They share with you information and knowledge anytime, anywhere you need. Good books always guide you to the correct path in life. We must all read books on a daily basis for at least 30 minutes to enjoy the sweet fruits of reading. It is a great pleasure. Reading a book is the most enjoyable experience one can ever have.

SARANYA RAJU

IX C , KV CLRI

THE LAZY FARMER

Once upon a time in a village lived a farmer named Ram. He was very lazy and most of the time he kept sleeping. He watered plants only when he willed to do it. His elders would tell him that if he didn't work on his field, he may lose his crops. But Ram didn't listen to his elders.

Summer season started. The sun shone bright. All the farmers in the village except Ram watered their crops. Ram didn't water his crops regularly. So he lost his crops.

Finally Ram realised his mistake. Then he worked in his field daily. He got good fruits and vegetables in his field.

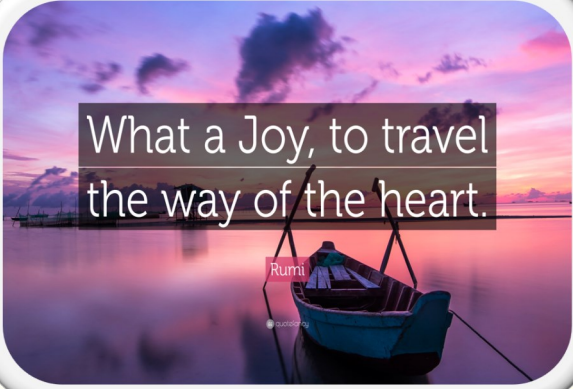
Work is worship

SANJANA 6C

VI C, KV CLRI

JOY OF TRAVELLING

I find joy in travelling .Here's my story. I remember sitting in a plane for a long time ,And playing the whole time on a tab. when I was a little bored I decided to take a peek out of the window and surprisingly I saw land which was quite beautiful. Soon my family and I reached our destination. The climate in the place we landed in was totally different .It was very cool . I started exhaling fog, this was a totally different experience for me at that time. I was wondering how this is possible for a couple of minutes .



The next day we planned to go trekking on a mountain called Bukhansan. the mountain was so beautiful and it had greenery everywhere . On the way to the top of the mountain, there were many things and one of the best things was a small waterfall, the water was gently cascading over the smooth rocks, and just beside that a small and beautiful rainbow was formed due to the water from the waterfall, .That beauty of nature was amazing! When we reached the top of the mountain the view was just wonderful, it was a clear masterpiece of Nature ,we clicked some pictures , and had lots of fun. And then we continued our travel to several other wonderful places.

This was my story of how my first day of my trip to South Korea was, when I was just 5 years old .

ADITYA KUMAR SAHU

IX C, KV CLRI

CONFINEMENT

Once we used to live well
Meeting our loved ones,
our families and friends.
Today, forced are we to remain confined to our homes.
No schools, no churches, no meetings.
Obligated to wear a mask and respect the prevention tips in
order to fight against the demon coronavirus!!



AKSHIT VINOD

XII A , KV CLRI

FRONTLINE HEALTH WORKERS

Frontline health workers are the backbones of effective health system and they play a critical role in providing health care. Without frontline health workers, there would be no health services for millions of people in every country as they are considered to be the first link in providing health care and life-saving treatment for millions of people. It is not only the doctors and nurses who are serving the infected patients but a lot of other medical staff also such as intensive care unit and coronary care unit technicians and house keeping people are working together as a



team. The services provided by health workers all over the world during this pandemic reflect their selfless and responsible attitude toward their profession and the community, and these unsung heroes fighting the battle against coronavirus on the frontline deserve our respect and gratitude.

Let us all stay safe, take care of each other, salute the frontline health workers for their relentless service to humanity .

PRIYANKA.J

X C, KV CLRI

MY EXPRESSIONS

VIDEO MODE IN ONLINE CLASSES:

When the pandemic raised so did technology. Schools were shut down. Classes shifted to online mode. Entering the virtual class and seeing the animated screen was a wearisome and monotonous process until I understood that the real joy in online classes was seeing my friends in video mode with a big smile on their faces. I also realised that teachers were also happy about this gesture. They were able to monitor the students and understand their emotions. I could focus well, and the classes were livelier and more interesting.

The sight of the animated screen thus ends..

V.SUDAKSHINA ,

X A, KV CLRI

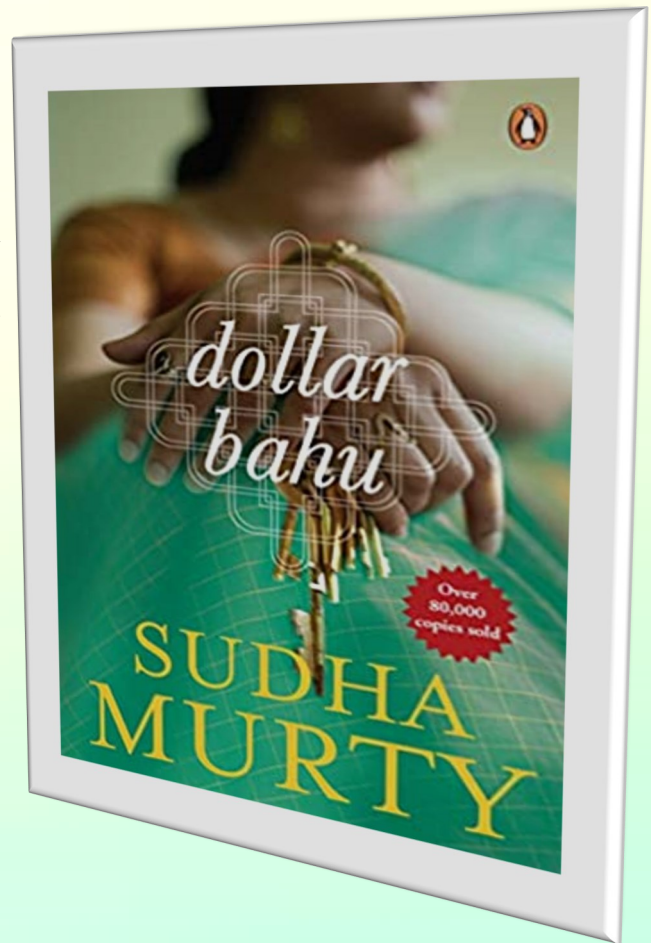
Book Review

Title - Dollar Bahu

Author - Sudha Murthy

This story tells us that money has no value before family and care. Girish, a bank clerk, living with his family in Bangalore. Vinuta adjusts to her new family well, looking after her husband, father-in-law and mother-in-law Gouramma, not taking to heart her mother-in-law's constant criticism. But when Girish's elder brother Chandru who is in US decides to get married, Vinuta had to listen to the endless comparisons made between her and Chandru's wife, the dollar Bahu whose husband earns valuable dollars that have brought the family its recent affluence. Vinuta slowly loses health and peace of mind. Then Gouramma decides to visit Chandru's family. She sees

how liberating life can be away compared to Indian middle class life, but she also begins to understand that mere dollars cannot buy the love and respect that she gets as her due in India. Gouramma realises that she must forge a new relationship with Vinuta-but Vinuta has to first forgive and forget the past. The story is worth reading as Sudha Murthy's style of writing is simple but adorable.



**AMRIDHA
XC, KV CLRI**

TECHNOLOGICAL ADDICTION -AN UNDERSTANDING

Mom: What are you doing here with the mobile? Always glued to your mobile, texting, playing games, and with a headphone to crown it all ! Will they recommend you for a seat in a good college?

Son: Mom! We must stay updated on all these things otherwise we would become a misfit.

Mom: Updated!! What's the update on your physics class and mathematics class?

Son: You don't worry about the marks. I'll score.

Mom: My dear son! Studying is for knowledge, not only for marks.

Son: So, what do you say? We don't acquire knowledge with these gadgets? We need not carry books with us everywhere, we have e-books. So, we people have more knowledge than your generation.

Mom: Do you really? Now, say what is 17×16 at once, without searching for calculator in your mobile. We used to remember hundreds of phone numbers but you people never remember your own phone numbers.

Son: Mom! The world has shrunk!! We need to keep pace with the rest of the world. We don't have time to type

*(I don't knowso is Idk
Becauseso is bcoz)*

Mom: You know how many millions are affected by depression and other health problems due to their addiction to mobile phones. In this age you people must have mastered Enid Blytons. Have you? That would have improved your language skills?

Son: So, what do you say? We should go back to the 80s?

Mom: No! My dear child!! Try to understand what I say. Read books for knowledge, use technology to apply it. You have to rule technology; it shouldn't rule you. Let distractions not dictate your mind, let your mind dictate you. This would be the road to success.

Son: So, you mean to say a correct blend of traditional ways of acquiring knowledge and technology would save us.

Mom: Yes! You got it!!

-

HARIHARAN SUBRAMANYAN
XI B, KV CLRI



STANDARDS FOR SUSTAINABLE DEVELOPMENT GOALS à SHARED VISION FOR A BETTER WORLD

“No society can prosper if it aims at making things easier – instead it should aim at making people stronger”, so said Ashoka the great.

In keeping pace with the growing world governed by technology, we have lost certain old and valuable practices which have always helped us towards sustainable development and have always made the world a better place to live in.

Sustenance of a standardised world is deeply rooted in each family. The family members should set aside their technological addiction and interact with each other. This would fix the problem of “so near yet so far”. In doing so, a healthy family would be making way for a better world.

The observation of days such as World Environment Day, Consumer week, etc. emphasises on the need to standardized living. Periodical pollution control checks of vehicles, increased use of electrical vehicles, minimizing the use of air conditioners and aerosols would meet the required air quality standards in big cities and give us unpolluted air to breathe.

The evolution of communication technology has shrunk the world and also narrowed the minds of people. Over the period of time, the standard of news shared on the public forum has reached its nadir since the news of commercial importance is shared more than the news of social importance. If importance for the moral values is given in the electronic media, the upcoming generations would be benefitted and the world would be a beautiful place to live.

Sometime back, Cape Town, South Africa, was declared as a no- water city, which emphasizes the need to speed up the conservation measures of the nature’s best gift to us- the water. By planting more trees, harvesting rain water and protecting the mountains, lakes and ponds we can protect the entire Mankind.

“Healthy people is an indicator to healthy society”. The quality of food intake determines the quality of our well-being. Reduced usage of Chemical fertilisers and preservatives and increasing the organic farming methods would increase the quality of food. It is often said that the future of the world is seen through the eyes of the youth and children.

So, it is important that the upcoming generations respect each other’s integrity and their surroundings and society to which they belong in order to attain a standard of sustainable development to have a better world.

HARIHARAN SUBRAMANYAN

XI B, KV CLRI

INDEPENDENT INDIA @ 75
SELF RELIANCE WITH INTEGRITY

It's been 75 years since independence,
But patriotism hasn't retired.
The country we are talking about
Is known for its self-reliance and integrity.

Self-reliance is what made this country grow,
And unity brings it all together.

But corruption halts its progress,
The removal of it is a dream unrealised

Still, corruption can be annihilated,
'If there's a will there's a way.'

One must be truthful to one's country,
Do the duties as citizens of the society.

Rely on your strength.

Self-reliance causes one's growth,

The same is for countries too.

Mother India can stand on her own

'Make in India' and add to her strength !!



“Our True Freedom Comes From Strength and Self-Reliance”

AKASH A B
XI B, KV CLRI

THE DAWN

The day dawned crisp and clear. The sun rays poured through my windows, the first ray of light lit up my room with bright golden colour. As soon as the sun rose, birds 'created a veritable bedlam of chirruping' outside my window. The mynas which were sitting on the neem tree were flapping their soft, silky and smooth brownie wings. These mynas flew away as soon as I opened the windows wide. Then came a woodpecker with a bald red head and black stripes on its body. The woodpecker had a strong pointed yellow beak which was chisel shaped and strong enough to make a hole in the tree.

When I went to the balcony I saw many parrots sitting on a tall peepal tree. It was hard for me to find out the parrots as the tree leaves and the parrots camouflaged into one. These popular parrots known for their green feathers were eating bitter fruits hanging on the tree. It was very spectacular. Then I saw a mother crow feeding its chicks in the nest. The view pleased my heart with sentiments and emotions. Then I heard the sound of crows cawing constantly. I also saw pigeons cuddling with each other, poking their beaks around their mates neck to show their love .It was breath-takingly beautiful to view the scenery.

Besides the scenic beauty, there are some life lessons that we can all learn from our winged friends. Different birds have hundreds of different hues. Be bright and make sure you are not hiding what makes you one of a kind. A bird sitting on a tree is never afraid of the branch breaking because the trust is not on the branch but on its own wings, so always believe in yourself. A heart without dreams is like a bird without feathers. Always dream big and fly towards your goal.

It is evident that birds teach a great life lesson. If you truly love nature you will find beauty everywhere.

J.KEERTHANA
XII B , KV CLRI

STORY OF LIFE DURING THE PANDEMIC

The covid-19 pandemic has changed my life to an extent that I am stuck in my house like many others. This global pandemic has attacked and affected various aspects of life in different parts of the world. The Prime Minister of our country had appealed to people to isolate themselves and stay safely in their respective places. Schools, collages, offices were closed. The same was true



with theaters and malls. Perhaps, I thought that this was a golden opportunity to have a great time with family and I also spent my leisure time on my hobbies like singing, drawing, clicking some nice pictures etc. Another supreme skill which I learnt was cooking. Additionally cooking taught me more general life skills such as problem solving and patience.

One thing which I would regret about the pandemic time is that it prevented us all from going out. It also prohibited us from embracing the warm sun beaming on our faces and enjoying the feeling of joy. Another thing which I would sigh over is that not going out to play cricket. I would always look ahead for the days when we would be mask-free. A year ago, getting up early in the morning, rushing to get the school bus, wishing the teachers in chorus, attending classes in real classrooms, sitting around friends and sharing food and love during lunch break, and reaching out for cricket practice after school ... slowly turned into logging in the computer, sitting alone in front of the screen and listening to virtual classes, no friends, no cricket practice. One thing which everyone can do during this pandemic situation is being optimistic. An optimist understands that life can be a bumpy road, but it is leading somewhere. And when we have a strong desire to do something even the lockdown unlocks it's way!!

M KAMALA SRUTHI

XII A , KV CLRI

DARJEELING-THE MUCH SOUGHT AFTER TOURIST DESTINATION...

My favourite tourist destination is Darjeeling. It is a beautiful hill station, situated near the West Bengal – Sikkim border. The most striking feature of Darjeeling, apart from its famous toy train, is the glorious view of the Kanchenjunga peaks we get from there. The Kanchenjunga is the third highest peak in India, after Mt. Everest and K2. It is the highest peak in India. The toy train, on its own account, facilitates an enjoyable ride through the hills of Darjeeling. A ride on the cable car gives us a splendid view of the lush tea plantations that dot the region. If we take some time to cross the border to Sikkim, river rafting is a popular adventure sport in the Himalayan rivers in the area, of the likes of Teesta and Rangeet. The Kanchenjunga itself is best witnessed from atop a skywalk, at dawn, when the early rays of the sun paint the snowy-white peaks gold. The toy train takes us to Ghum, located at a very high altitude. Here, a rail museum has been set up to tell people about the history of the trains and railway line set up by the British in the region. On the whole, Darjeeling is an amazing place, one of the most popular destinations in India, and definitely a must visit!

SAHISHNA RAJESH

11A, KV CLRI

My dream

Everyone has their own wishes and dreams. My dream in life is to be an astronaut. My inspiration for this comes from Late Kalpana Chawla, who converted her dreams to an ultimate success with the help of her enormous effort and great knowledge. I have a great interest in astronomy and get fascinated by space and other celestial bodies. I wish to join NASA (National Aeronautics and Space Administration) to achieve my dreams.

I know it's not easy to realize. I may weather storm, rain or sunlight. But with courage and patience I can overcome any problem. It also requires hard work, vast knowledge, determination and perseverance. These qualities will help me to conquer each and every obstacle in life.

SATTVIKEE SASMAL

VI B, KV CLRI

MY FAVOURITE HOLIDAY DESTINATION

One of my biggest dreams in life has always been to travel around the globe with my mom. Growing up, I'm always used to seeing my mom spend all of her time at home. Working continuously, assisting everyone else with their work inside those 4 walls. I've always wondered why that should be the case. I want her to be happy and I want to do that by taking my mom to her favourite places where I can enjoy the day with her. I want to get her everything she wants. I want to be capable of making her dreams come true. Our favourite destination that we wish to visit one day is Maldives. I want to enjoy the day on the beach where I can make my mom happy and see her smile with joy.

That is one of my biggest dreams in life. To imagine what it would feel like if can spend all of our time there walking, talking, and laughing together for the rest of our lives exhilarates me. Our journey should start with faces beaming with joy on a ship that will take us to the places we want to go to. My mom likes animals and birds. One can tell that by looking at the small jungle we have in our home with 4 cats, 2 parrots, 2 rabbits, and a dog. And that is why I know that Maldives with all of its biodiversity would be a paradise for my mom and me.

Maldives is approximately 1344 kilometres away from home. It is a dazzling destination that can be an incredible spot for families to have a break from their monotonous city lives. I'm sure mom will feel at peace over there where she can rest for as long as she wants.

There are a lot of beautiful and culturally rich places that I plan to visit when I go over there. I wish to go to the Maldives soon with my mom and enjoy the peace and beauty I can find there. I just want to relax and fully experience the serenity of the place while letting nature take over.

RENITA

XI A, KV CLRI



LIFE DURING THE PRESENT PANDEMIC

EXCERPT FROM DIARY

3rd June 2021

Hey Jig!

Here I am, writing to you again. Well there isn't much to write about today, except about the visit of my friend. Yes! My friend came today. But no, she isn't any ordinary friend. She is cute, has whiskers, a flurry tail...after all, she's a cat! She lives in my neighbourhood, and I'm so fond of her that I see her as a very close friend. Indeed, all humans, animals, birds, trees – seem to be some distant friends and relatives, old friends – who come to visit us every day. How beautiful it is to consider all as our friends, and the earth- Nature our home!! How I wish we lived in harmony once again- Nature and



us. What joy everyone would experience, with animals and birds around us and we enjoying their company!! But look, we've inflicted every unimaginable atrocity on them, destroyed their homes and

troubled Nature. Each one of us have waged a war against our fellow human beings too! It'll take aeons for us to repent on what we've done to our mother earth. In fact, we don't consider her as a mother who loves and gives, and her children as our friends. We forget that here once thumped big woolly mammoths and huge dinosaurs, and that we are but just a part of this ever-evolving world. Yet, man's recklessness and

pride know no limit.

Well, let's hope for the best and continue doing good to everyone around us, and apologize to those we have wronged, humans and nature alike.

SHRESHTI SHYAMSUNDAR

12 A , KV CLRI



A ROOM OF MY OWN

I call my room ‘the hideout’ because my room is my own world and my comfort zone. It is the only room I adore in my whole house. Sometimes I lose myself daydreaming in there. I like giving makeovers to my room, at least twice or thrice a month, I would move around my furniture and reorganize my closets.

I love doing paintings, so I stick them in my walls to match my aesthetic. Near my window frame, I’ve set some LED lights so that during evening, I would turn them on and enjoy listening to some music and read some novels. Doing this, it really brightens up my mood. Whenever I have a bad day, I feel calm and happy by spending some time alone in my room.

So, I live in a ten-storey building where where, I can see the sea and its expanse and get some fresh air since I live near the seaside. I always enjoy watching sunrise and taking some pictures.. So basically, my room acts as my viewpoint. As you can see many sorts of thing happening in the outside world, at the end of the day I like spending time in my room alone gives me pure joy.

EUNICE SHERINE

X1 B, KV CLRI

A BIG DREAM

One day I was walking in my garden, I saw a unicorn. It had rainbow-colored wings and a glittering corn on its head. I asked what is your name? The unicorn said my name is unikitty. We talked so much time together and became friends forever. Then unikitty said, sit on to my back, we will fly to the sky. I said yes. We flew to the sky, then unikitty said let’s jump on the clouds. I was very happy to hear this from unikitty. We jumped and jumped so much till we were tired. We sat on one cloud. I said to unikitty, “I also want wings” Unikitty’s corn glittered and came the sound **BHOOM!** I got wings. I was so surprised. I asked, “Do know magic? She just smiled. I said to unikitty, “Where is your house?” She said, come with me. I followed her, then I saw her house fitted on a big cloud. I went inside, it was decorated with rainbow corns. Her mother backed three-layer cake. We ate it. Suddenly mother called, Sreenidhi..... Wake up! I opened my eyes, I didn’t see unikitty there, I un-

derstood it was a big dream. 😊

SREENIDHI V SREENIVASAN

III C, KV CLRI

SOMNATH SHARMA –India's Brave heart

(PARAM VIR CHAKRA AWARDEE)

**Motion of orders of Somnath Sharma !
Has strengthened our nation's borders !**

**Many people's faith on his shoulders!
In the Battle of Badgam,
Inspired many...
not only soldiers !**

**Helped maintain peace in the Nation !
Built the future generation!
He died as tomorrow's inspiration!
And he safeguarded the billions of population!**

**Since he had a brave heart,
Did his best,
Till his death...**

**Within the short span of his life,
Even without touching a quarter century,
He won the match,
with great victory !
Yes, at his 24,
He declared his innings
as a Major.**

**He has unravelled mysteries many!
Thus, mortar fire hugged him without any shy!**

**He triumphed the Param Vir Chakra as the first.
Let his soul in peace rest !
And remain our inspiration!!
JAI HIND.**

**K.M.ARIF
XI B, KV CLRI**

FLOWERS

**Flowers on the tree,
Flower in the bush,
Nectar in the flower,
Scents in the flower.
Flower in the garland,
Flower in the vase.
Blooming at day,
Blooming at night.
Over and over,
Growing day and night.
Beautiful flowers,
Useful flowers,
All the beauty in the flowers!!**



**PRANAV CHANDRAN C
V A, KV CLRI**

Is technology the answer to everything?

I believe that technology and artificial intelligence is the future of this modern world as this will save time and energy which could be later used for the development of our society and thus this will bring a huge difference in the lifestyle of the people. I also believe that changes are inevitable in this world.. In my opinion we should use technology for development and we should use it for the goodwill of humanity. But using technology against the laws of nature is devastating. I believe technology should be used in different fields to make our world a better place to live in. But it should not be used on human beings.

I always fail to understand why people always compare the abilities of a machine by their own natural abilities? For example we may use technology on different things which are present in our houses so that we can save energy and time. But if we start using technology in our day to day activities which can't be done against the laws of nature, then it would be a total waste of time and money. Here I would like to introduce a very basic example to all of you which is easy to understand. We all know that the average speed of a human being is 10/km h to 15/km h. But if we start using devices in our body to run fast then there can be a multiple number of issues, because our body is made in such a way that it can run to a particular speed. But if we start pushing it beyond its limits then the outcome will be spine shivering. For example: our lungs may burst out due to lack of oxygen supply or there can be multiple organ failure or even our body may dehydrate so much that all the important minerals and salts are released. This could lead to kidney failure or even death. So just imagine if we start using technology and artificial intelligence on activities which have a direct connection with our brain.

Yes, using AI and technology on our education system will bring a huge impact on our day to day lives. Using digital study material and conducting virtual classes will badly affect our mental health, our attitude and behaviour and even our physical health. Even now we are going through

this type of period only so I think it is easy for you to understand the situation. It may feel nice to do this for a year or two but this will harm our body in long run. The effects of ultra UV rays and bright light with ray gases will badly affect our optimistic system and our nervous system. Also sitting idle for long may result in an impaired immune system , obesity and lifelong diseases such as diabetes and high blood pressure.

Now, if there are no teachers then and only robots it would be a total disaster. A robot may teach with all kinds of information but we We should always keep this in our mind that necessity leads to invention and unwanted inven-

tion leads to devastating necessity. We should always remember that many great scientists have done great discoveries with the help of their brain power and knowledge. We all know that our brain is the strongest element in this whole universe. Studies have proven that we only use 0.5% of our brain power. So just imagine if we use even 1% of our brain power, what all we can do. Moreover practice is very important in studies as it helps us to do improvement. But just learning and reading without any writing practice will result in poor performance of students as their concepts will not be cleared. Now let me reveal a real life incident on this topic. A recent study was conducted by the Times of India team in the Indus International school in Bangalore. Here there is a humanoid robot and it's name is Eagle 2.0 who teaches students over there, When the team asked the students whether they were satisfied with their teachers teaching techniques. The answer which came up was not much of any surprise. The students said that they were not at all satisfied and their concepts were not cleared. This statement says it all. So, I would like to end it from my side by saying that humans should use technology to reshape the world, especially education as it is the most powerful weapon now, but technology should not be used on humans in the name of development which would result in the end of humanity from this planet.



ROHIN KUMAR

IX B, KV CLRI

REUSING WASTE MATERIALS

There is a lot of useful thrash in our house, but we never notice it. With some modifications we can reuse these thrash and make useful things.

Bottles

If you dig around, you are sure to find a lot of bottles, both glass and plastic. We can use glass ones for improving our painting skills. And plastic bottles are treasure if you think about it. We can start our own kitchen garden. Just cut the top part and use it as pots. Not only that, it can also be transformed into a pen stand for our messy tables. More like watering cans, decoration pieces can also come out of simple plastic bottles. The best part about it is different minds work differently and so each one gets a beautiful and unique design. Our own one!



Papers

We all surely buy new clothes and do get cardboard boxes.

Do you throw it away? Don't. Newspapers and cardboards and craft papers are a thing of interest. We can transform them to wall decors, vases, small pots, table weights, table calendars, key chains, photo frames and what not! You can even try drawing and painting on newspapers and who knows we may create a new art?

Clothes

Clothes can be used to make a wide variety of new things. All we need to learn is some stitching and knitting. Everyone can give a try making your own pouches and hats and masks, which is probably the most important thing now worldwide. Man of us will surely get some old sock if we dig through our cupboards. Why not try converting them into cute little teddies?

There are so many materials around us. What we just need to do is use our imagination to turn them into exciting things. There is no harm in experimenting. Just give it a start!

GAYATHRI C

IX - B, KV CLRI

BOOKS ARE MINES OF INTELLECTUAL WEALTH

Books are mines of intellectual wealth. Reading books introduce people to new ideas and various perspectives. Books possess the power to initiate change, to advance society and change lives. A book, according to me, is the key to progress. They bring us close to culture and heritage and guide us towards our true identity. Computers and digital technology are of recent development, which bring information to our tables from across the globe. Before the digital era, books were the only record of past life experiences and they were the tools through which wisdom was passed on from one generation to another.

Books, in simple terms, are a source of readymade information. Just like we obtain priceless stones and minerals in mines, we obtain many valuable lessons and life skills from books. But, we must



remember that knowledge and intellect cannot be obtained by mere reading of encyclopaedias or reference books. In fact, books and literature sharpen our outlook and enable us to think both critically and rationally to enable us to widen our horizon of inclusiveness.

From my own exploration of books, which I have been fondly doing since my childhood, I could find that different genres of books have made an impact upon my understanding each one in its own ways.

Memoirs and autobiographies give us a first-hand record of a person's life. Biographies written by various people give us different interpretations of the same person's life. Fiction too can provide a lot of knowledge and give us a new outlook.

I can site some examples of books that I've read, which have had an influence on me. The following books have steered my life into a different direction by impacting my perception and helped me make clear decisions when I was at crossroads.

The works of Amish Tripathi, gave me a modern interpretation of Indian mythology. But on the other hand, the 'Heroes of Olympus' by Rick Riordan piqued my interest in Greek mythology. Reading these books took me beyond them, and I am trying to learn more about Indian and Greek mythologies from where the books left me.

'The Present' and 'Who Moved my Cheese?' by Spencer Johnson are the books which have helped me to understand, analyse and address practical problems in the contemporary world.

'Uncle Tom's Cabin' by Harriet Beecher Stowe was quite a ride. It gave a fictional account of the events and incidents that fueled the antislavery movement in the 19th Century.

'My Experiments with Truth' gave me a glimpse of the Gandhian way of life- non-violence, truth, honesty, simplicity and most importantly compassion towards fellow humans. The soul searching of a human being starts once a person goes through the book.

'Bad Blood' by John Carreyrou - an investigatory report about the rise and fall of a Silicon Valley corporate empire was a wakeup call and emphasized on the importance of ethics and morals in conducting a business. 'The Alchemist' by Paulo Coelho taught me to pursue my dreams and follow my heart's desires.

I am well aware that I have read only a drop of the ocean of books. I have a 'To Read' list which includes many other books which were powerful enough to impact the course of history. They include- The diary of a young girl by Anne Frank, The communist Manifesto by Karl Marx, First Folio by William Shakespeare, Origin of Species by Charles Darwin, 1984 by George Orwell which I am reading currently. I wish to read many more books and keep learning and discovering new things each day.

SHAMBAVI BALA
XII B, KV CLRI

A night of blasts

Winter nights are very cold, and especially the borders of Kashmir are extremely cold at night. During nights we might dream of the first sun ray striking our face, which would give a nourishing warmth to the poor soul at the middle of the night. And I always got a dream like that but that night I didn't have any dreams. I felt thirsty and went to the kitchen to have water. The clock struck 12:00. I was back to bed. After a few minutes, I turned my face towards the window sill and kept winking my eyes, tiring them to sleep. On one of the winks, a small light ray suddenly hit my eyes and disappeared. In great astonishment, I ran swiftly towards the window sill and peeped out. I saw more and more lights flashing and going off. I felt that my most lovely dream had come true, the little twinkling sunrays hitting my face. This made my 13 year old soul to jump into happiness. But suddenly I heard something in the distance. It was some blasting sound. And I realized that the twinkling light rays were not the sun rays and were from the explosion in the borders. I watched it till everything was quiet and settled. It was almost 1 AM, even after seeing a battle my eyes weren't curious, they felt sleepy despite the chillness of the night.

The clock struck 6.30 AM; the alarm rang. It was Sunday. I turned off the alarm, and was curious to tell my friends about everything that happened yesterday night. But I knew well that my mom wouldn't allow me out before completing my morning routines. So, I rushed to the bathroom, picked my brush and brushed my teeth to marble white, then spent some minutes in toilet and took bath. That day, to my surprise, I took my bath in just 5 minutes, usually it takes 20 minutes for me to get pushed out of the bathroom by my mother by banging the bathroom doors. But that day, when my mom came, I got neatly dressed up and was ready to see my friends. My mom couldn't believe her eyes. She asked me "Did you take your bath today, or you just got dressed up instead?" "No mom, I took my bath" I said. My mother left the room with a sigh of happiness thinking that I've become responsible today, but she didn't know that I was eager to tell my friends about the last night's incident.

[\(Click here to read the full story in pdf\)](#)

T. KEERTHI PRIYA

IX B, KV CLRI

THE WORST SCIENCE PROJECT

CHAPTER ONE

MEET TIGER

“Yes! I’ve got it” cried Evan Wilson pleased with himself.

It was almost dinnertime on a breezy Sunday evening. Evan had been working on a school assignment. Their teacher, Mrs Jones had informed them days before that they’ll have to come up with ideas for a science project. If their proposal and preview model seemed attractive enough, they were in for something *great*.

“Wow, I really *am* good”, he exclaimed.

He took a moment and looked at his machinery dog – that’s what he had made – and noticed that it looked exactly like Blackie, his brown spaniel.

“You got yourself a new friend Blackie” he said, “Meet Tige...” the rest of that trailed off as Blackie came running towards Evan.

Before he could even realize, Evan found himself under Blackie who was licking Evan’s face.

“Easy, B-guy”, Evan called out.

He finally managed to get the excited spaniel off him.

The dog looked around and noticed his master’s robotic dog model. He started at it, blinked at it, went around it and started barking at it.

“Oh Blackie, it isn’t a real dog!”

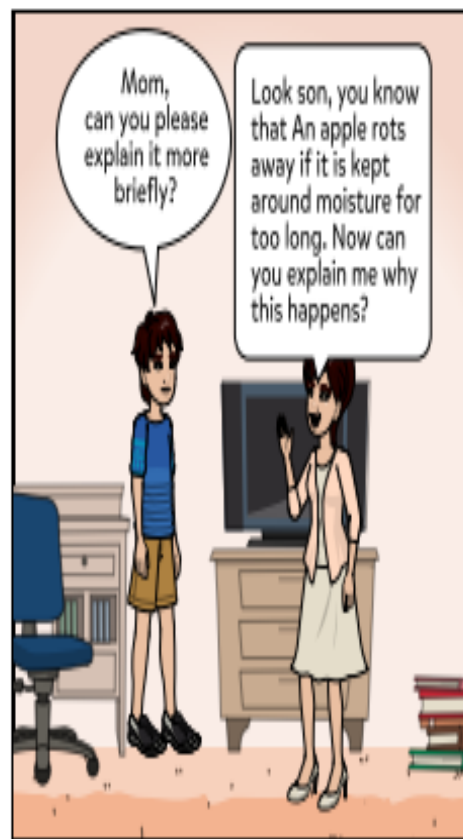
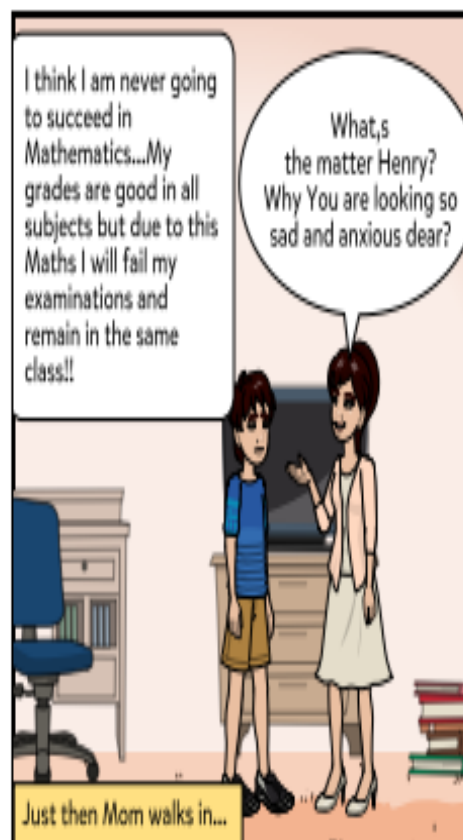
Blackie blinked innocently. Evan laughed and went over near his table, above which he had kept the robotic dog. He turned it around and pushed a few buttons.

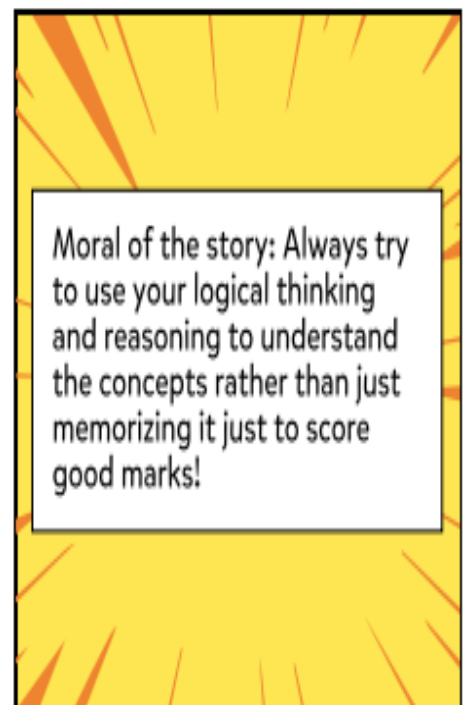
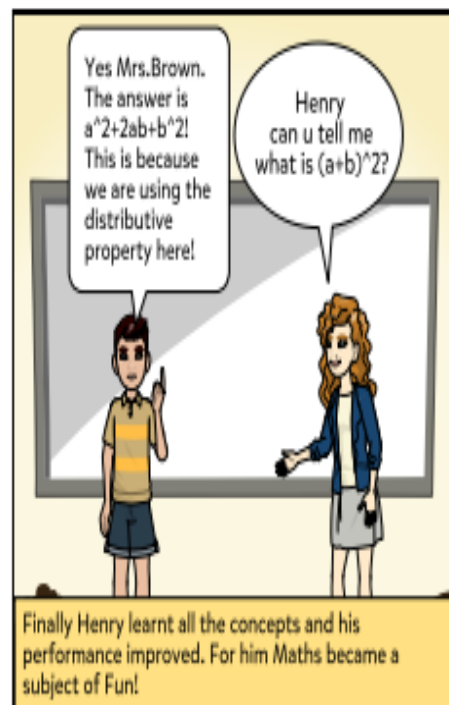
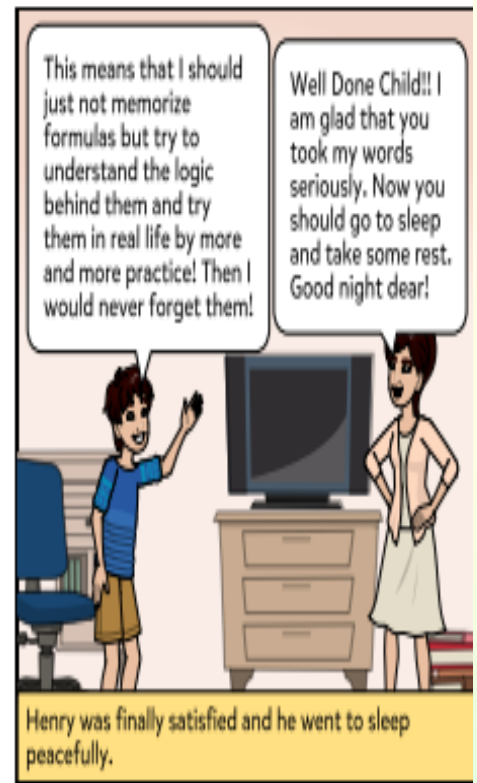
“Hello-o”

It was the dog. The one Evan made.

[\(Click here to read the full story in pdf\)](#)

MATHEMATICS: BORING OR FUN





ROHIN,

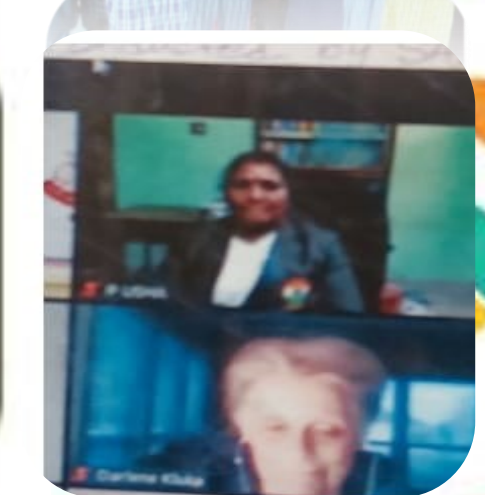
IX B KV CLRI

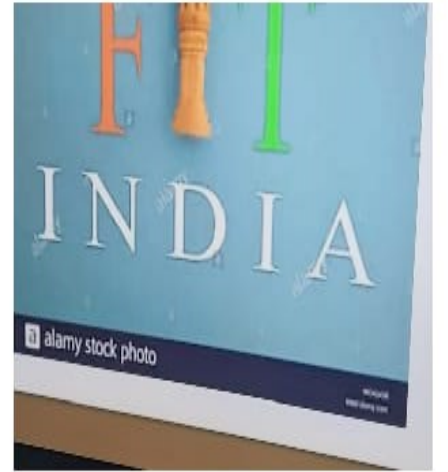


**Games & Yoga , Scouting & Guiding
Glimpses**



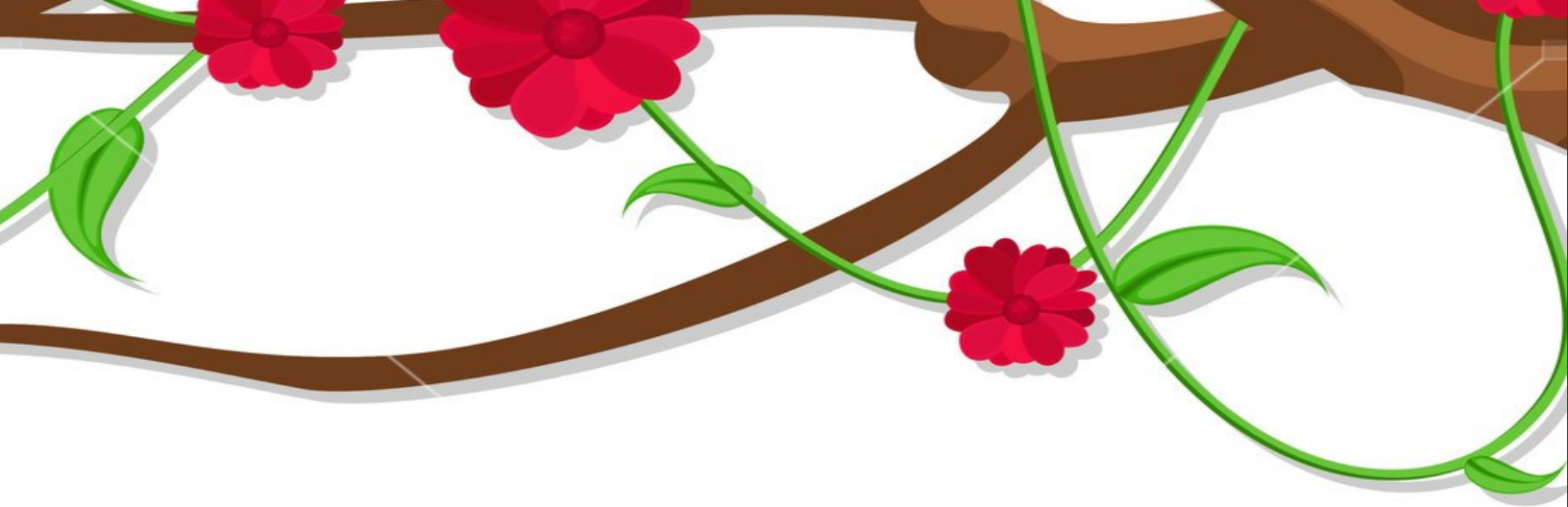
FIT INDIA











Event Scan



75
Azadi Ka
Amrit Mahotsav



COMMEMORATING 75 YEARS OF PROGRESSIVE INDIA



**EXTENSION OF OF NKN FACILITY TO THE VIDYALAYA -
A COMMENDABLE SERVICE BY CSIR-CLRI**

**NATIONAL KNOWLEDGE NETWORK
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**A TRIBUTE TO THE GREAT TEACHER
TEACHERS DAY CELEBRATION**



**YOGA—A WAY OF LIFE
INTERNATIONAL YOGA
DAY CELEBRATION**



**WOMEN'S DAY
CELEBRATION**

Ek Bharath Shrestha Bharath

Achev khote che
kuthe duur

—

knees are farther than the eyes.
(Blood is thicker than water.)





KENDRIYA VIDYALAYA CLRI, CHENNAI-20

REGIONAL LEVEL JAMMU &
KASHMIR GROUP SONG
WINNERS



SAI GAYATRI DEVARAKONDA – 12 C

SHRUTI VAIDHYAN – 10 A

MANASWINI. J – 10 A

ARDRA VAIDHYAN – 9 A

VAISHNAVI .S.G – 9 B

M. SOWMITHRA – 7 A

AISHWARYA ARAVINDHAN – 7 B

SOUJANYA – 8 B

K.SUBITSHA – 9 C

MAYOORAN JAYAMOHAN – 10 C (KEYBOARD)

MELVIN JOSEPH.B – 7 B (KEYBOARD)

M.THARUN – 9 C (CONGO)

JHON ETHAN. D - 6 B (CONGO)

SOLO SONG JUNIORS – BOYS



K. NITHISH- 8C (VOCAL)
MAYOORAN JAYAMOHAN- 10 C
(KEYBOARD)
JOHN ETHAN.D-6B (CONGO
M.THARUN- 9C (CONGO)

Kendriya vidyalaya CLRT, Chennai -20

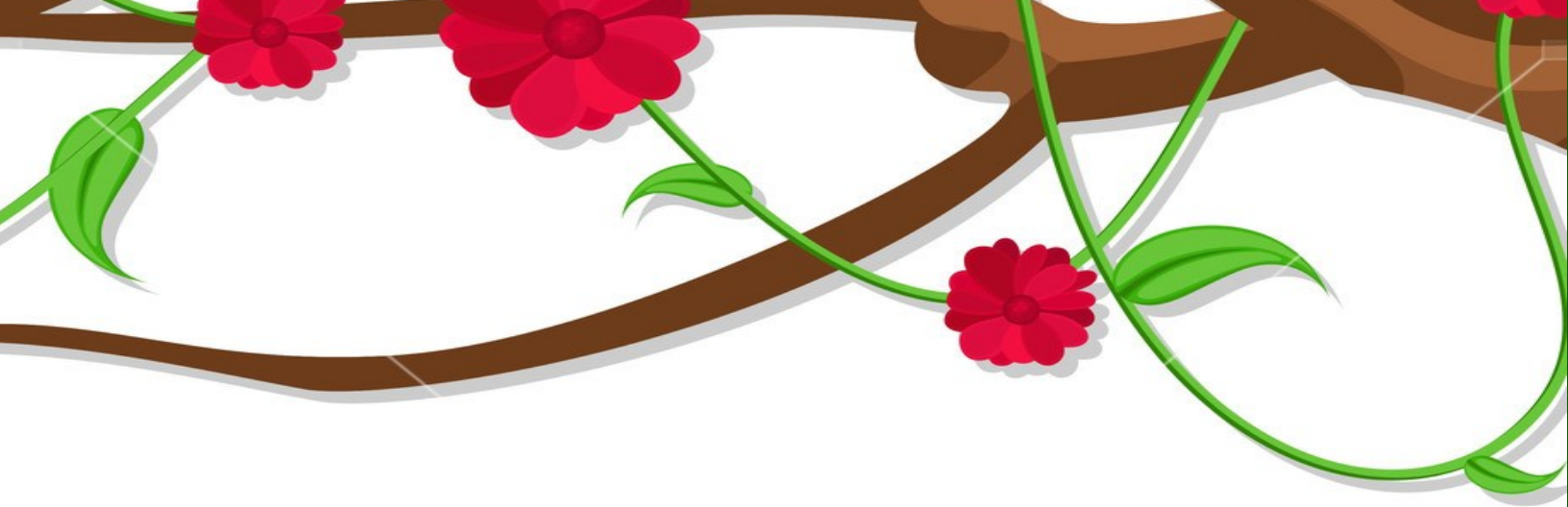
EBSB Azadi ka amruth mahotsav 2021

Regional level solo song Boys winners

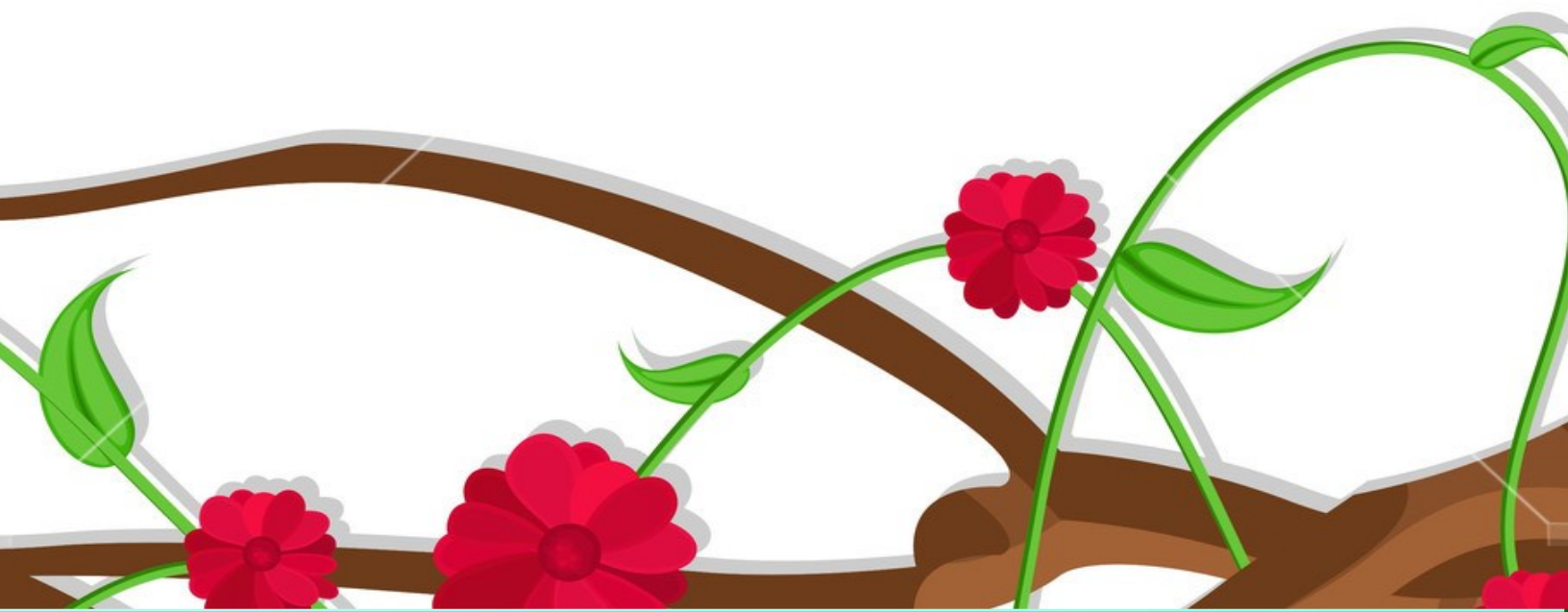
SOLO SONG SENIORS – BOYS



PHANI SAIRAM DEVARAKONDA-10 B (VOCAL)
MAYOORAN JAYAMOHAN- 10 C (KEYBOARD)
JOHN ETHAN.D-6 B (CONGO)
SANJITH .S - 6 A (KEYBOARD)



Creative cascade
by
Teachers



Corona - an oxy 'moron'

You connect and yet disconnect

Viral war!!

Binding us together only to separate?

Reigning the world with your uncanny crown

leading the way to finality?

Disconnecting family and their lifelines

Teaching a lesson in irony!!

I'm there for you, yet I'm not there

Wail the kinfolk

Positivity in the test-

Negativity in life.

You mutating manifestation

*unleashing your whip with such se-
verity;*

Your waves peak flattening our lives

Have we sinned too much?

Thanks for your lessons.

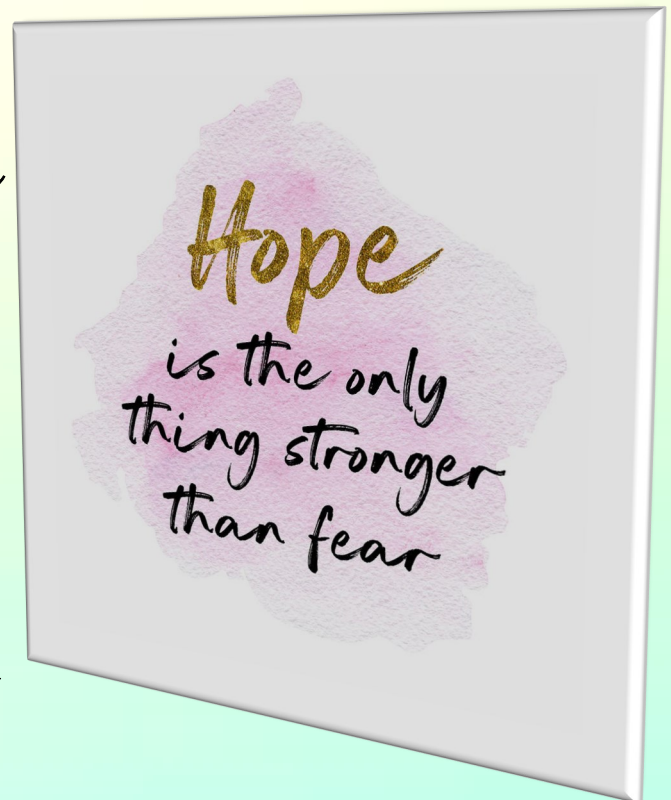
Warriors we are with grit

Fighting our way to discrown you with

HOPE- our armour!!

Mrs. B SWARNALATHA

PGT ENGLISH, K V CLRI



A Teacher's Journey:

June 2000: *Sitting in the B.Ed class I was wondering of all the professions that exists why did I land here ? Just then the teacher addressing the B.Ed students caught my attention*

"She was a doctor who became a professor in college

She told to the crowd sitting there "Of all the people that God created you are the chosen ones whom God trusted can shape the young minds, so never doubt what God chose for and trust the path you are put to travel ", those words were my answer (as though God came down in her form and gave clarity to me)

March 2005: *Joining KVS I felt proud not coz I am central government employee with decent salary but the respect u earn among your friends and family is of a different level.*



A Teacher's Journey



KV Dwarka is where I joined as TGT English, a challenging phase of my teaching career coz the regional language was the most comfortable one for students. They found it difficult to express themselves in Hindi or English .

As Language teacher I took it as a challenge and to develop their vocabulary and speaking skills wrote small conversations on day to day school activities (like two

friends having a casual conversation or student teacher interaction) and trained them to present it in morning assembly every day. Students enjoyed doing it and they were willing to learn; the effort bore fruits when the Assistant Commissioner who came for inspection observed a class 3 student compering in English flawlessly and confidently. The student was appreciated and applauded for the confidence exhibited.

Sep 2007: Being transferred to Bangalore on request transfer I was posted at KV Malleswaram. I got selected as PGT COMP and got posted in the same school.

From Arts stream to Science the transition and the expectation was huge. It was a new challenge that I put myself to.

Students of class XII found it difficult to accept someone who was a language teacher as their computer science teacher. In fact, on the second day of me as PGT one of the students requested Principal not to have me as their Comp Science teacher. I wasn't morally affected but learnt that winning the acceptance of students is the first step towards being a successful teacher. I worked hard, learnt harder.

Today my students are placed in bestest of companies like Apple, Cisco, Microsoft, Google, Oppo and more.

So dear students always remember

“Persistence, Determination and most importantly Believing in yourself is the key”

Ms. S Kiran,
PGT(Comp), KVCLRI

जनस्पन्दः

मुद्रा परिवर्तनम्

कतिचित् वर्षेभ्यः पूर्वं सर्वत्र देशे, विदेशे अपि एका एव वार्ता पुनः पुनः श्रूयते, स्म यत् सर्वकारेणकृत- मुद्रापरिवर्तनम् अथवा प्राचीनमुद्रायाः स्थगनं च । सर्वे विदन्ति यत् जगति भ्रष्टता परिदृश्यते । परं सा भ्रष्टता कस्मात् कोणात् उद्भूता भवति, कुत्र वा उपरतिम् एति इति न कोऽपि जानाति, न ज्ञातुम् इच्छति च । तदा नूतनसर्वकारेण अयं कश्चन नवीनः उपक्रमः कतिचित् वर्षेभ्यः पूर्वं घोषितः । यः दूरगामीनं परिणामं वहति इति आर्थिकतज्ञाः वदन्ति। आरम्भे कदाचित् कुत्रचित् क्लेशाः आसन् । परन्तु मन्दं मन्दं यथा यथा दिनमग्रे गच्छति सर्वे विषयाः सामान्याः भवन्ति इव प्रतिभाति । परिणामः स्यात् कोऽपि परम् एकवारं देशे महास्पन्दः सर्वत्रापि दृष्टिगोचरः अभवत् इत्यत्र नास्ति काचित् शङ्का । अतः अयम् उपक्रमः जनान् प्रामाणिकपथे गन्तुं यदि किञ्चिदिव प्रेरयेत् तर्हि स्वीकृतः निर्णयः श्लाघ्यः स्यात् ।

गङ्गाधर बोडे , प्रशिक्षितस्नातकशिक्षकः

मेरा भूगोल बदल गया (कहानी)

स्मृति के गलियारे में झाँकना बड़ा दुष्कर कार्य है। खासकर उस एक अद्भुत और विलक्षण क्षण को पकड़ना, जिसके बाद मेरी जिंदगी में सब कुछ बदल गया, असंभव नहीं तो दुष्कर अवश्य है। पर न जाने क्यों बार-बार वही एक क्षण मेरी आँखों के समक्ष नृत्य करने लगता है।

वर्ष 1989। अक्तूबरका महीना। मैं एक थियेटर ग्रुप का सक्रिय सदस्य था। सभी साथी 'मुझे ऑल इन वन' कहते थे। खास वजह भी थी इस बातकी उनकी नज़र में। मैं एक साथ बहुत कुछ था— अभिनेता, गायक, वादक— यहाँ तक कि उस संस्था के लिए बैनर और पोस्टर बनानेवाला एक कलाकार भी। मैं हिन्दी में एम. ए. पास था।

उन दिनों नुक्कड़ नाटकों का एक दौर सा था। ऐसे ही किसी नुक्कड़ नाटक के प्रदर्शन के दौरान एक टीचर्स ट्रेनिंग कॉलेज के प्रिंसिपल का हृदय द्रवित हो गया। सब कुछ व्यक्तिगत रूप से जानने की उन्होंने कोशिश की और जान भी गए। फिर अपनी सहृदयता और संवेदनशीलता का परिचय देते हुए उन्होंने टीचर्स ट्रेनिंग कर लेने की सलाह दी जो भविष्य में कभी काम आ सके। शायद उन्हें कोई संभावना दीख रही थी मुझमें। आज मुझे ऐसा लगता है कि सचमुच वे मेरे लिए भाग्य-विधाता बन कर आए थे।

तो मैं ट्रेनिंग करने लगा था। मेरी संभावनाएं रूपायित होने लगी थीं शायद। पर वास्तविकता यह थी कि मैं एक जीती-जागती लाश बनकर रह गया था। कारण, किशोरावस्था में कुछ निहायत निजी कारणों से मैं डिप्रेशन का शिकार हो लगभग मनोरोगी हो गया था। जीवन के प्रति मेरी आस्था हिल गई थी। परिणामतः, नशे की गिरफ्त में जकड़ गया। एक प्रकार के भ्रम का शिकार हो गया था मैं, अपने दुखों और गमों को भुलाने का। वर्षों नशे में रहने के कारण बाहर से तो हँसता रहता पर अंदर आँसू सूख गए थे। जीवन की नमी खतम हो गई थी। भाव-शून्य होता जा रहा था मैं। कल्पना-शक्ति को जैसे लकवा मार गया था। सोचने-समझने की शक्ति भी क्षीण से क्षीणतर होती गयी थी। आँखें कितनी तो पढ़ लेती थीं, पर वे हमारी संवेदना को छू भी नहीं पाती थीं। अवचेतन का वह स्तर जहां भाषा आकार ग्रहण करती है, वह भी चुकने लगी थी। तब कहने मात्र के लिए 27-28 वर्ष का नौजवान था। पर एकदम लोथ। गहरे

अवसाद और निराशा के दौर से गुजरते हुए मैंने कई बार आत्महत्या करने की भी कोशिश की। जीवन बोझ बन चुका था। इसलिए हर अगली सुबह मुझे लगता कि आज का दिन भी मुझे झेलना है। मेरी वास्तविकता



कुछ और हो चुकी थी। पर दुनिया और उससे परे ईश्वर की नज़र में कुछ और।

उस वर्ष हमारे थियेटर ग्रुप का वार्षिक सम्मेलन अक्टूबर के अंतिम सप्ताह में निर्धारित किया गया था। मेरे थियेटर ग्रुप के सचिव ने मुझे ही वार्षिक प्रतिवेदन तैयार करने का दायित्व सौंप दिया था। यद्यपि उन्हें अच्छी तरह बोध था कि यह कार्य मुझसे नहीं हो पाएगा। फिर भी सौंप दिया था। दरअसल वे मेरे सबसे अभिन्न मित्र थे और संयोग देखिए कि आज भी हैं। आज भी मैं श्रद्धा से नत हो जाता हूँ उनके बड़प्पन के समक्ष। उन्होंने शायद सूँघ लिया था मेरी बरबादी को। उन्हें दिख रहा था कि एक प्रतिभा उनके सामने दम तोड़ रही है। और यह उनके लिए असह्य था।

जब सम्मेलन के कुछ दिन बच गए तो एक रात करीब साढ़े ग्यारह मेरे दरवाजे पर किसी ने दस्तक दी। दरवाजा खोला तो देखा कि पंकज खड़े हैं—पंकज मित्र जो अब हिन्दी के सर्वाधिक महत्वपूर्ण आधुनिक कथाकारों में शुमार हो चुके हैं। आधी दर्जन से अधिक पुस्तकें आज प्रकाशित हो चुकी हैं। मैं आश्चर्य से भरा कुछ आशंकाओं से भी भर गया।

पूछा, “क्या बात है पिकू”? पिकू ही कहकर हम सभी बुलाते थे उन्हें।

“कुछ खास नहीं। पर आज मैं तुमसे कुछ मांगने आया हूँ”, उसने कहा।

“तो इस आधी रात मैं आने की क्या जरूरत थी”? अभी 9 बजे तक तो मैं तुम्हारे ही साथ ही था न ! तभी कहते।”-- मैंने कहा।

थोड़ी गंभीरता से उसने कहना शुरू किया तो कहता ही रहा। मैं बुत बना सुनता रहा। अंदर हिमालय पिघलने लगा था।

अंत में लगभग भर्राए स्वर में उसने कहा, “देखो दोस्त, नशे की तुम्हारी वर्षों की पुरानी लत ने न केवल तुम्हारे स्वास्थ्य, तुम्हारी कार्य-क्षमता और प्रतिभा को कुंद किया है बल्कि तुम्हारी चिंतन-शक्ति और कल्पना-क्षेत्र को प्रभावित करना शुरू कर दिया है। कैसा अन्याय अपने और अपने भविष्य के साथ कर रहे हो। अपने जीवन के उद्देश्य को पहचानो दोस्त।

हमारा जन्म एक खास मकसद के लिए हुआ है। उसे पूरा किए बिना इस तरह अपने जीवन को नष्ट करने का तुम्हें कोई हक नहीं है। या उस माँ और ईश्वर के प्रति अन्याय है जिसने तुम्हें जन्म दिया है। गौर करो अपनी स्थिति पर। अब तुम एक वाक्य भी नहीं लिख सकते जबकि तुम एम. ए. पास हो। हम सभी जानते हैं कि तुम क्या हो और क्या कर सकते हो? मैं यह भी जानता हूँ कि तुम मुझे अपना सबसे अच्छा मित्र मानते हो। तुम भी मेरे हृदय के उतने ही करीब हो। और मैं तुम्हें किसी भी कीमत पर खोना नहीं चाहता।

अब यह मैं तुम पर छोड़ता हूँ कि अपने नशे की आदत और मुझमें से एक को चुन लो”। यह कहते-कहते उसकी आँखों से आँसू की कुछ बूंदें लुढ़क पड़ीं जिन्हें उसने कमीज की आस्तीन से पोंछ लिया।

अब वह लगभग जाने को उद्यत हो गया था।

मेरी आत्मा चीत्कार कर उठी, “क्या सोच रहे हो तुम ? पंकज को चुनो..... पंकज को चुनो.... पंकज को चुनो..... पंकज को चुनो ।

सारा ब्रह्मांड घूमता सा प्रतीत होने लगा मुझे। अंगड़ाई लेता मेरा सारा भूगोल बदल रहा था। बदल रहा था नहीं, बदल गया।

महेंद्र कुमार (टी.जी.टी. हिन्दी)

केन्द्रीय विद्यालय सी. एल. आर. आई.

MOTHER'S LOVE

*What is a true colour of love,
What shades and notes does it have,
While destiny paints on canvas,
On the easel of our lives.*

*Is it innocent white like baby face,
Pinky like shy little girl's cheeks,
May be as green unripe fruit in the spring,
Bright like sunny morning cool like silver moon.*

*It is yellow with doubt and jealousy,
Purple as longing, blue as deep sea,
Gray with boredom and complaining,
Or black from quarrels, lies and cheating.*

*The colour s wash out and fade away,
Only one always shine as gold,
It is the most enduring of all,
Only a mother will give that love.*

*Dr. (Mrs) Pratima Gupta
PGT Hindi, KV CLRI*

मानवता (कविता)

एक अरसे के बाद मुझे
वह सहला कर सुला रही थी,
बंद आंखों में मेरे
वह एक स्वप्न दिखा रही थी ।
जिसमे मुझे
वो कुछ यूँ सिखा रही थी,
क्या था वह ?

अगर तुम बिन कारण देते हो
सबको सब कुछ,
तो तुम में मानवता जिंदा है।

अगर तुम बिन अपेक्षा के
रखते हो ख्याल सबका,
तो तुम में मानवता जिंदा है।

अगर तुम बिना वजह के
सबकी मुस्कान पैदा करते हो,
तो तुम में मानवता जिंदा है।

अगर तुम पक्षपात का भेद भुलाकर
सबको गले लगाते हो,
तो तुम में मानवता जिंदा है ।

अगर तुम स्वार्थ को परे रखकर
हरपल मदद करने को तत्पर हो,
तो तुम में मानवता जिंदा है।

अगर तुम निंदा और ईर्ष्या से हटकर
सबपर प्रेम बरसाते हो,
तो तुम में मानवता जिंदा है।

ओह गॉड! मैं यह क्या देख रही थी,
अपनी ही मौलिकता को
मैं शायद कहीं खो रही थी।
मानव जन्म पाकर बस
यूँ ही इठला रही थी,
पर मानवता के अभाव में
स्वयं से वंचित हो रही थी।
आस्तित्व ना मिटने पाए मेरा
अपने वजूद ढूँढ रही थी,
फिर लिया पूछ मैंने
आखिर इतना कष्ट दिया क्यों तूने।
वो हँसी
फिर बोली,
तुम तो केवल मानव तन हो बंदे।
मैं तो तुझे मानवता का
पाठ पढा रही थी,
भटके हुए मानव को
मानवता से मिला रही थी ।

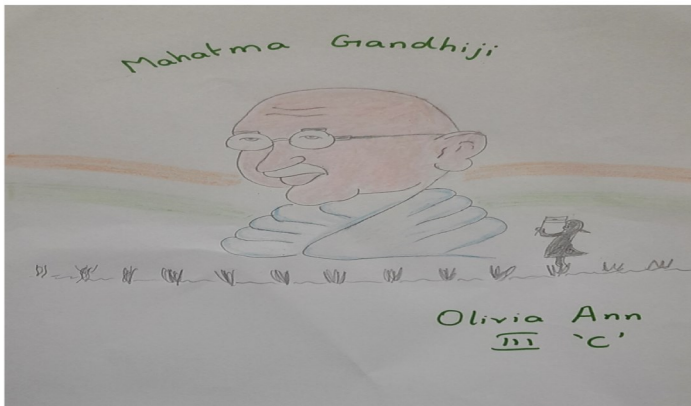
डॉ.प्रतिमा गुप्ता

बीएड, एम.ए, एम.फिल,पीएचडी



A decorative border with a repeating floral and vine pattern in shades of green, red, and yellow, set against a white background. The border is framed by a dark teal outer edge with a wavy pattern.

VIEWS IN HUES





A LAYA-10A



S.SANJANAA-6C



NANDITHA SUJITH-8B



ARNAV-10C



GAYATHI-9B



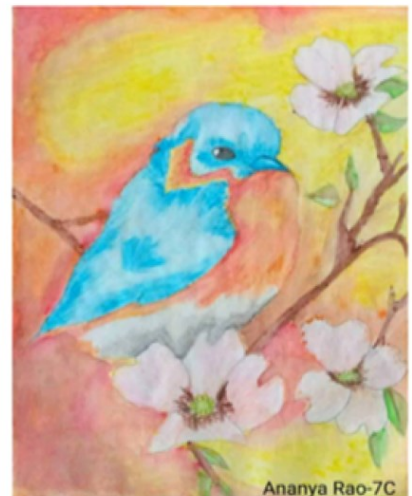
B. Jacklin kiruba-11C



Sowmithra-7A



D.R.Deepikha-9C



Ananya Rao-7C



A. Niranjana-6B



M GOWRI SREE-9C



GAYATHRI PUVARASU-10C

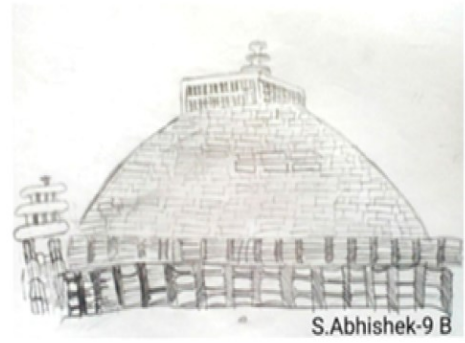


ABIRAM-7C

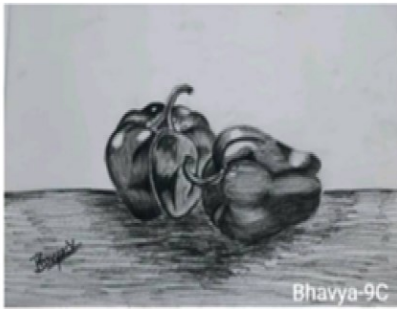
ABIRAM-7C



ANANYA-6B



S.Abhishek-9 B



Bhavya-9C



SWARNAMAALIGA-6B



S LOMESH-6A



ROBIKA-6B



R.MADHUMITA 9A



Sherlin Veronica-6A



PRANAVEE-8C-7B



- K.NITHISH



DHYANIKHA-9B



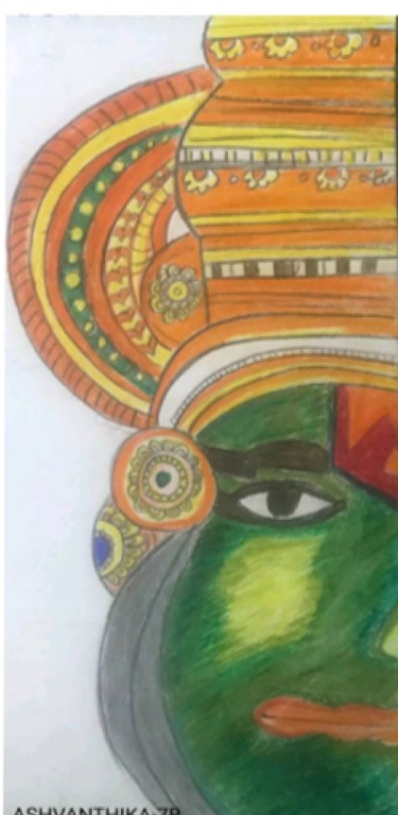
SIVANI A
IX B



S LOMESH-6A



AKSHITA Y RAMAPRASAD-7B



ASHVANTHIKA-7B



P JHANANI-7B



R BHARANI
III-C



J.Jayazhini-6A



Still Life

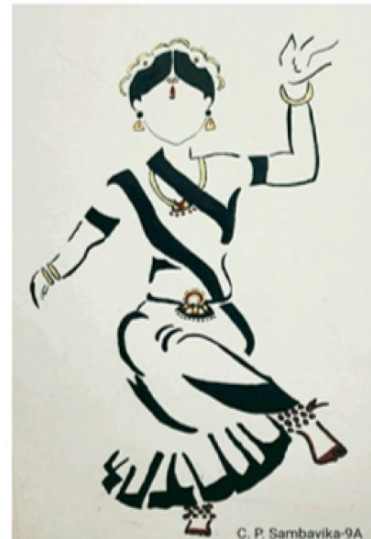
A.DHAKSAA-9C



Mother Teresa
Gayathri Puvirasu 10C



Samyuktha-8C



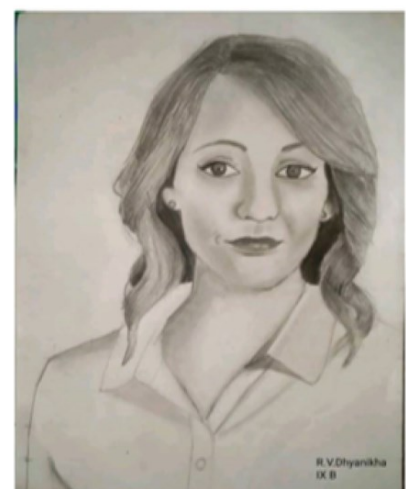
C. P. Sambavika-9A



Dhyanikha-9B



JIYA MATHEW-8C



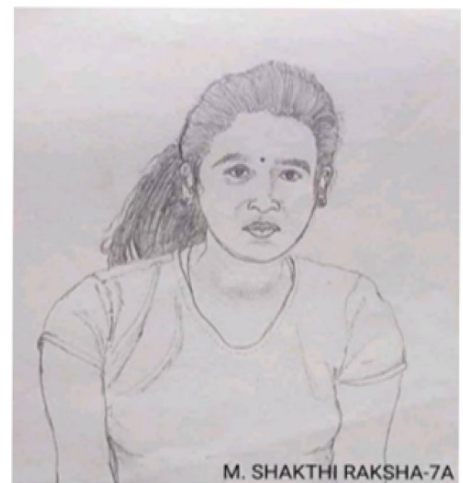
R.V.Dhyanikha
IX B



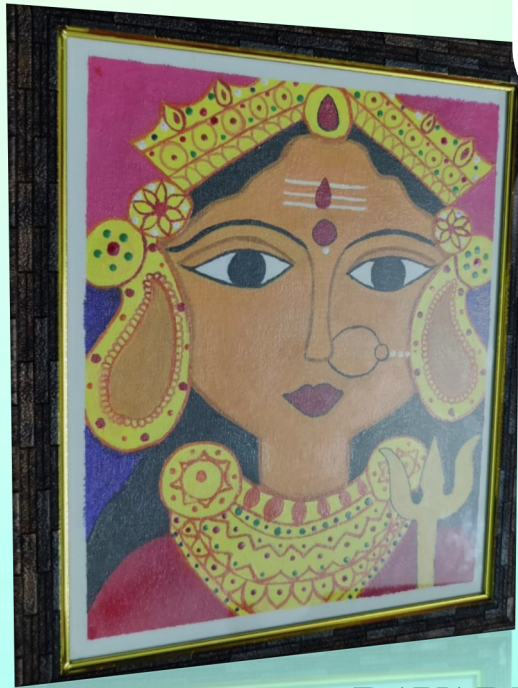
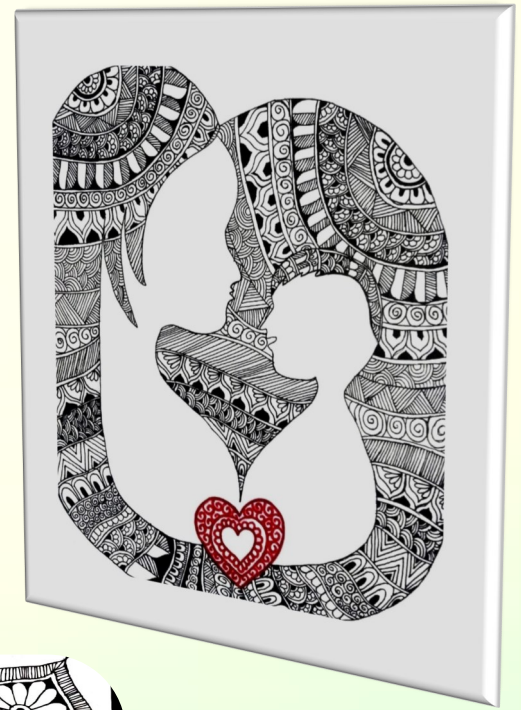
P. V. Akshaya-10B



MOGAN RAM-8C



M. SHAKTHI RAKSHA-7A



BAVADHARIKA , XI A, KVCLRI

संस्कृतविभागः

संस्कृतलेखाः

॥ योगः ॥

योगविद्या भारतवर्षस्य अमूल्यनिधिः। पुरातनकालादेव अविच्छिन्नरूपेण गुरुपरम्परापूर्वकं प्रचलिता आसीत् । वस्तुतः ऋषिमुनियोगिनाम् अध्यवसायेन जनितं साधनम् । अनेन योगसमाधिना एव ऋषयः मन्त्रं द्रष्टुं समार्थाः आसन् इति श्रूयते। गीतायाम् अनेके योगाः वर्णिताः सन्ति श्रीकृष्णेन। तेषु ज्ञानयोगः कर्मयोगः च प्रधानौ भवतः । अन्ये च भक्तियोगादयः अपि गणनीयाः एव। योगदर्शनानुसारं योगस्य अष्टौ अङ्गानि सन्ति । तद्यथा-

यमः, नियमः , आसनम्, प्राणायामः, प्रत्याहारः, धारणम्, ध्यानम् , समाधिः इति । तेषु बहिः अन्तरङ्गम् इति तेषाम् अपि भेदद्वयम् । यम, नियम, आसन- प्राणायाम प्रत्याहार इत्येतानि बहिरङ्गानि। धारण, ध्यान , समाधिः इति त्रीणि अन्तरङ्गाणि । यतः एतेषाम् अन्तःकरणेन सह सम्बन्धः विद्यते। महर्षिः पतञ्जलिः त्रीन् अपि संयमः इति नाम्ना व्यवहरति। तद्यथा- त्रयमेकत्र संयमः। अष्टाङ्गायोगेन एव प्रमाण-विपर्यय- विकल्प-निद्रा -स्रुत्यादि पञ्चवृत्तीनां निरोधं कृत्वा योगसमाधौ प्रविशति योगी। कर्मफलम् अनपेक्षमाणः यः कर्म करोति स योगी भवति। इन्द्रियभोगेषु तत् साधनेषु कर्मसु यः अनासक्तः सर्वान् भोगान् परित्यजति तदा एव सः योगारूढः इति कथ्यते। स च एकान्ते स्थितः सङ्गं विहाय मनः वशीकृत्य आशां परिगृहं च परित्यज्य सततमात्मानं समाहितं कुर्यात्। सिद्धे योगासने उपविश्य मनः विक्षेपरहितं कृत्वा मनसः सर्वाः वृत्तीः विभिन्नेषु चक्रेषु योजयति तदा एव योगस्य परमोच्चं लक्ष्यं प्राप्तुं शक्नोति । अतः मानवस्य योगः अति फलकारी। स योगः इह अमुत्र च फलं ददाति ।

जयतु योगविद्या - जयतु योगेशो वासुदेवः

टि . निहारिका (संग्रहः)

X C , KV CLRI

॥ भूस्वर्गः जम्मू - कस्मीर-लड्डाक प्रदेशः ॥

सर्वे जानन्ति भारतम् एकं , तदेव श्रेष्ठम् इति । तर्हि श्रेष्ठे भारते बहूनि दर्शनीयानि स्थलानि सन्ति । यानि स्थलानि भारतस्य मुकुटप्रायस्य कश्मीर भूभागे विराजन्ते। यानि परिवीक्ष्य वयं जीवनस्य साफल्यम् अनुभवामः। श्रीनगरम्, दाल सरोवरः, अमरनाथगुहा, वैष्णोदेवी, गुल्मार्गः किस्तवार राष्ट्रिय-उद्यानम् एतानि जम्मू कस्मीर प्रान्ते शोभन्ते। पेंगोंग त्सो, जस्कार्, नुब्रा मार्खा इत्यादयः सानुप्रदेशाः प्रसिद्धाः भवन्ति लड्डाख प्रदेशे। प्रकृतिरमणीयानि स्थलानि सन्ति इति कृत्वा अस्य प्रदेशस्य अन्यत् नाम भूस्वर्गः इति। कट्रास्थ वैष्णोदेवी मन्दिरं जीवने एकवारम् अवश्यं दर्शनीयम् । यत्र देवि दुर्गायाः प्रतिमा गुहायाः अन्तः विराजते। पहलगान्वा अनन्तनाग, सोनमार्गः इत्यादयः प्रदेशाः अपि रमणीयाः। परम् अत्र सर्वत्र अपि अश्वानां साहाय्येन एव गन्तव्यम् भवति। भगवता आदिशङ्कराचार्येण स्थापितं शारद मन्दिरम् अपि अत्रैव शोभते। श्रीनगरे आदिशङ्कराचार्यवर्यस्य मन्दिरम् अपि प्रसिद्धम् ।

सम्भूय एकवाक्येन वदामि चेत् यदि भारते जन्मनः साफल्यं करणीयम् तर्हि एकवारम् एते प्रदेशाः अवश्यं दर्शनीयाः। अयं भारतवर्षस्य मस्तकसदृशः। यथा शरीरे मुखं प्रधानं तथैव भारतदेशे जम्मू - कस्मीर-लड्डाक प्रदेशाः मुकुटप्रायाः

सुपर्णा योगेशः

X A , KV CLRI

॥ देवःश्रुतिशास्त्रप्रियः ॥

वाराणस्यां विश्वनाथप्रसादो नाम काचित् पाठशाला अस्ति । तस्यां पाठशालायां बहवः छात्राः पठन्ति ते भारतस्य विभिन्नेभ्यः प्रदेशेभ्यः आगच्छन्ति । ते छात्राः वेदान् शास्त्राणि, अन्यान् विषयान् अपि श्रद्धया पठन्ति। अध्यापकाः अपि शास्त्रेषु निष्णाताः सन्ति। ते विद्यार्थिनः प्रीत्या पाठयन्ति । अतः छात्राः अपि आनन्देन पठन्ति। भविष्यति उत्तमाः विद्वांसः अपि भविष्यन्ति। एतस्य प्रधानं कारणं विश्वनाथस्य दया एव । यतः देवः शास्त्रप्रियः तथा श्रुतिप्रियः च।

सङ्ग्रहः

लघुकथासङ्ग्रहः

॥ बुद्धिविहीनः विनश्यति ॥

एकदा एकस्य मूषकस्य मण्डूकेन सह मैत्री अभवत् । उभौ परस्परं वार्तासु रतौ समयं नयतः स्म । एकस्मिन् दिवसे ताभ्यां विचारितं यत् अत्र आवयोः भोजनमपि सुलभं न अस्ति । अन्यत्र गत्वा जीविकोपार्जनं कृत्वा दिनानि यापयावः इति । एवं निश्चित्य तौ प्राचलताम् । मार्गे मण्डूकः अवदत् – “ यदि दृढेन सूत्रेण आवयोः शरीरे बद्धे स्यातां , तदा वियोगः न भविष्यति । सर्वत्र सह एव गमिष्यावः “ इति । एवं सूत्रेण शरीरे निबध्य तौ यात्रामार्गे शनैः शनैः प्रसरतः स्म । एकः सर्पः तौ अपश्यत् । सः तौ प्रति प्रासरत् । धावने असमर्थौ तौ सर्पेण भक्षितौ । नूनं बुद्धिहीनः विनश्यति ।

अक्षयाश्रीः

X B , KV CLRI

॥ ज्येष्ठानाम् उपदेशः सर्वदा ग्राह्यः ॥

कुमुदपुरं नाम परिसरे कश्चन सरोवरः आसीत् । तत्र त्रयः मत्स्याः निवसन्ति स्म । तेषां मध्ये उत्तमा मैत्री आसीत् । कदाचित् केचन धीवराः तत्र आगच्छन् । ते सरोवरं ध्यानेन अपश्यन् । तेषु धीवरेषु कश्चन अवदत् - वयं श्वः आगत्य मत्स्यान् गृहीष्यामः । तत् श्रुत्वा ज्येष्ठः मत्स्यः कथयति श्वः प्रातः ते अत्र आगमिष्यन्ति । अतः वयम् अद्य रात्रौ इतः गमिष्यामः इति । अन्ये मत्स्याः तत् श्रोतुं सिद्धाः न आसन् ज्येष्ठः मत्स्यः अन्यत् सरः अगच्छत् । अन्ये तत्रैव अतिष्ठन् । अन्यस्मिन् दिने धीवराः आगत्य तान् गृहीत्वा अगच्छन् । अतः ज्येष्ठानाम् उपदेशः सर्वदा ग्राह्यः ।

कोलाहलम्

X C , KV CLRI

मणिः मृत्तिकासमानः

एकदा गंगातटे गोस्वामी परमेश्वरस्य नामस्मरणकार्ये मग्नः आसीत् । तदा एकः भिक्षुकः आगत्य भिक्षाम् अयाचत् । गोस्वामी अवदत्-“मम समीपे भिक्षापात्रम् विहाय किमपि नास्ति । परंतु अद्य मया नद्याः तीरे एकः मणिः प्राप्तः स तु दूरे सिकतासु क्षिप्तवान् । त्वं तं नेतुम् शक्नोषि । “ भिक्षुकः मणिं तु प्राप्तवान् परन्तु सहसा तस्य हृदये ज्ञानोदयः जातः । गोस्वामिनम् नत्वा सः उवाच “भगवन्! त्वं एनं मणिं मृत्तिकातुल्यम् मत्वा अक्षिपः । कथमहम् तं स्वीकरोमि । दीक्षाम् मे देहि भगवन् इति ।

भवधारिका

XI A, KV CLRI

अतिलोभः न कर्तव्यः

एकस्मिन् ग्रामे एकः व्याधः वसति स्म । तस्य नाम भैरवः आसीत् । सः जीविकार्थं पशून् हत्वा नगरे विक्रीणाति स्म । सः आखेटाय वनम् अगच्छत् । तत्र सः एकं मृगं दृष्टवान् । सः तं मृगम् अमारयत् । तं नीत्वा गृहं प्रति अचलत् । तदा एव सः मार्गे एकं सिंहम् अपश्यत् । तं सिंहं दृष्ट्वा सः अचिन्तयत् –“ यदि एषः सिंहः अपि प्राप्तः स्यात् तर्हि अहं प्रभूतं धनं प्राप्स्यामि “ इति । अनेन लोभेन यावत् सः सिंहं प्रति शरम् अक्षिपत् तावत् एव सिंहः अपि व्याधम् आक्राम्यत् । सः व्याधः तत्क्षणम् एव मृतवान् च ॥

सङ्ग्रहः

वीरः चन्द्रशेखरः आजादः

चन्द्रशेखरः एकस्मिन् दिने स्वमित्रैः सह एकस्मिन् उपवने उपविशति स्म । तदा आङ्गलशासकैः सः अकस्मात् आक्रान्तः । सः निर्भयः आसीत् । सः एकाकी बहून् सैनिकान् हतवान् । अन्ते एका गोलिका एव अवशिष्टा । सः कदापि वैदेशिकानाम् अधीने भवितुं न इच्छति स्म । अतः सः अवशिष्टया गोलिकया आत्मानं हत्वा वीरगतिं प्राप्तवान् ।

सङ्ग्रहः

संस्कृतस्य रुचिः

हरियाणाराज्ये यमुनानगरमण्डले एकः संस्कृतपरिवारः अस्ति । गृहे सर्वे संस्कृतेन सम्भाषणं कुर्वन्ति । तत्र पशवः अपि संस्कृतम् अवबोद्धुं समर्थाः सन्ति । तस्मिन् गृहे अभिमन्युः नाम एकः तरुणः अस्ति । सः अपि संस्कृतं वदति । एकदा तत्र एकः संस्कृताध्यापकः आगतवान् । तेन सह अभिमन्युः संस्कृतेन सम्भाषणं कृतवान् । तस्य तरुणस्य प्रतिभां दृष्ट्वा अध्यापकः अभिमन्यवे शतं रूप्यकाणि दत्तवान् । तस्मात् दिनात् तस्य मनसि संस्कृतं प्रति महती अभिरुचिः समुत्पन्ना । सः प्रतिदिनं गीतायाः श्लोकान् पठित्वा सर्वान् श्लोकान् अस्मरत् । अन्ते महान् पण्डितः समभवत् ।

सङ्ग्रहः

॥श्रीरामभक्तः गुहः॥

आसीत् सरयूनदीतीरे निषदराजः गुहः । सः महारजस्य दशरथस्य प्रियं मित्रम् अपि। सः श्रीरामस्य परमः भक्तः । प्रतिदिनं गुहः श्रीरामस्य स्तुतिं कुर्वन् कालं नयति। तस्य इच्छा आसीत् एकवारम् अहं श्रीरामं पश्यामि। अतः प्रत्यहं श्रीरामस्य प्रतीक्षायाम् एव दिनानि यापयति स्म। सः भाग्यवान् आसीत्। श्रीरामः वनगमनकाले तस्य समीपं प्राप्नोति। गुहः श्रीरामं वीक्ष्य अति सन्तुष्टः अभवत्। सः श्रीरामस्य बहुविधसत्कारम् अकरोत् । तेन श्रीरामः अपि प्रसन्नः। पश्चात् गुहस्य साहाय्येन श्रीरामः सरयूनदीम् उत्तीर्य भारद्वाजाश्रमम् अगच्छत् ।

॥ पीडितानि अस्माकम् ग्रहाणि ॥

आम् , अस्माकं गृहाणि पीडितानि दृश्यन्ते। तद् समाजस्य विश्वस्य हिताय नास्ति । वयं सर्वदा महारोगाणां निन्दां कुर्मः। बहुवारं अस्माकं कर्तव्यं विस्मरामः। जलवायु परिवर्तनं प्रदूषणम् एव अस्माकं ग्रहाणां कृते महती समस्या। सर्वत्र वायुमण्डले विषयुक्ताः पदार्थाः विद्यन्ते । अतः जलम् अपि प्रदूषितं भवति ।

अतः एते महा रोगाः अननुभवात् एव अक्रान्ताः भवन्ति । यदि वयं एव विदित्वा अपि प्रकृतिं नाशयामः तर्हि नष्टा प्रकृतिः अस्मान् नाशयति एव । अतः एषा प्रकृतेः पीडा। तथा पीडया अस्मान् वयं रक्षामः तत्र युक्तिः एका अस्ति, परिवेषं अविनाशय्य पर्यावरणस्य रक्षार्थं वृक्षारोपणं कुर्याम । रासायनिकपदार्थानाम् उपयोगं त्यजामः । तदा प्रकृतौ विद्यमानाः जीवाः जन्तुविशेषाः परिरक्षिताः स्युः। रक्षिता प्रकृतिः एव अस्मान् रक्षति ।

्रेष्ठी

XII A, KV CLRI

संख्याविशेषः

4. चतुरोपायः	=	साम, दान , भेदः दण्डः
चतुर्वेदाः	=	ऋक् यजुः साम अथर्व
चतुर्गतयः	=	देव, मनुष्य , तिर्यक् , नारक
चतुर्वगाः	=	धर्मः अर्थः कामः मोक्षः
5. पञ्च नमस्काराः	=	करद्वय, जानुद्वय, शिरः, वचः, दृष्टिः ।
पञ्चकोशाः	=	अन्नमयः ,प्राणमयः , मनोमयः, विज्ञानमयः , आनन्दमयः,
पञ्चमुखानि (शिवस्य)	=	सद्योजात, वामदेवः, अघोर, तत्पुरुष, ईशान,
पञ्चामृतम्	=	क्षीरम्, दधि , घृतम् , मधु , गुडः
पञ्चकन्याः(पतिव्रताः)	=	अहल्या, द्रौपदी, सीता , तारा, मन्दोदरी
6. षट् कर्माणि	=	अध्ययनम्, अध्यापनम्, यजनम् , याजनम् , दानम् , प्रतिग्रहः
षडक्षरी	=	ओ३म् नमः शिवाय
षड् गुणाः	=	ज्ञानम्, ऐश्वर्यम्, बलं , तेजः शक्तिः, वीर्यम्
षड्रसाः	=	मधु, तिक्तः लवणम्, कटु, क्षारः आम्लः
षण्मतानि	=	शैवम् वैष्णवम्, शाक्तम्, सौरम्, गाणपत्यं, कापालिकम्
षट् ऋतवः	=	वसन्तः ग्रीष्मः , वर्षः शरत्, हेमन्तः शिशिरः ।

॥ आरम्भस्तरीयाणाम् उपात्ताभ्यासाः ॥

उपात्ताभ्यासः कः?

योऽभ्यासः सामान्याभ्यासात् विशिष्यते स एव। स च सार्थकः तदङ्गश्च स्यात्। नियताभ्यासस्तु अचिन्त्यपुनरावर्तनात्मकः भवेत्। विशिष्टाभ्यासस्तु ध्यानसमायुक्तस्स्यात्। स च कर्मसु कौशलवर्धनाय क्रियते।

आदिमत्वेन स्वकीयं रूपदर्शनम्। आवर्तनानाम् उपस्थापनं च प्रमुखौ विषयौ भवतः। किन्तु तत्पश्चात् अवज्ञया लघुदोषान् अवलोकयन्तः वयं प्रगत्यै प्राप्तान् अवकाशान् अपश्यन्तः त्यजामः। मस्तिष्कस्य अयं स्वभावः यत् आवर्तनानां स्वभावतः प्रकृतीकरणम् ।

अवज्ञया क्रियमाणाः चेष्टाः ध्यानपूर्वकं करणीयानां कार्याणां वैरिणः भवन्ति। अवज्ञया क्रियमाणानि कार्याणि ध्यानेन करणीयानां कार्याणां प्रगतिपथे ग्लानिर्भवन्ति। एवम् अवज्ञाकार्याणि प्रगतिकण्टकाः भूत्वा प्रगतिपथे अवरोधाकाः जायन्ते। अन्ततो गत्वा प्रगत्यै ध्यानं तथा उद्यमः उभौ अपि आवश्यकौ। ध्यानपूर्वकं करणीयानां कार्याणां सद्भिः तु अनेन क्रमेण एव भवति । कृत्सां प्रक्रियाम् इमां खण्डान् कुरुध्वम् । एकैकस्मिन् अपि खण्डे स्वकीयम् आत्मदौर्बल्यम् अभिजानन्तु। तन्निवारकम् उपायं चिन्तयन्तु। ज्ञानविज्ञानानि आधारीकृत्य तान् अनुभवान् संहृत्य कार्यक्रमम् विदधतु। तदा सर्वम् अपि शिवं भूयात् ।

भवधारिका

XI A , KV CLRI



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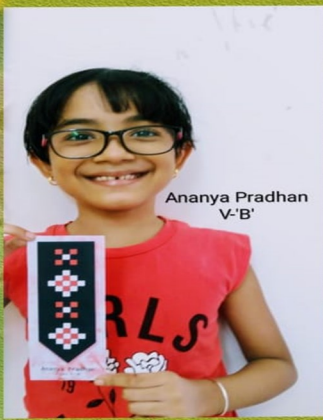
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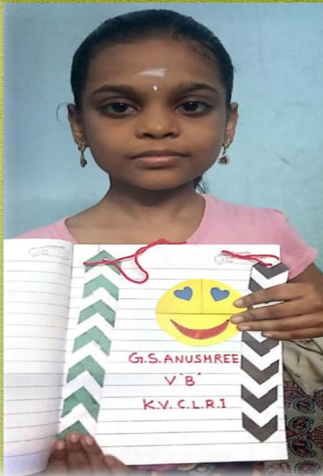
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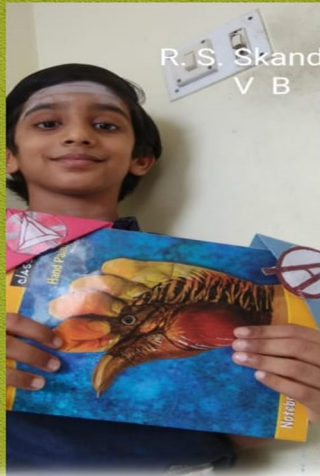
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